



Mental Health Care Made Easy

We're on a mission to bring fast and easy access to **online therapy and psychiatry services** to those who need it most.

Challenges in Provider Engagement Create Barriers to Effective Care

Finding an Available Provider

- Wide variety of specialties
- Fast access to care (Less than 7 days)

Connecting Members to Care

- Easy referral process (24/7)
- Outreach in 1-2 hours

Dealing with Unresponsive Providers

- Closed loop notifications
- Dedicated partner support

Our Virtual Mental Health Center

Medication Management

- Enhances symptom control and health outcomes, alone or with therapy.

Individual Therapy

- Builds coping skills and manages mental illness using evidence-based methods (CBT, Problem-Solving, EMDR).

Clinician Led Groups

- Supports health management through peer feedback and skill-building.

Family & Couples Counselling

- Provides targeted support and strengthens family dynamics.

Why our Patients Prefer Brave

Dedicated Providers

Full-time clinical team delivering personalized care plans.

Care Begins Quickly

Outreach begins within hours; appointments typically within 7 days.

Easy to Use Technology

User-friendly video appointments, accessible from any device, no downloads needed.



Members We Can Support

Complex Populations

Members age 13+, pregnant & new mothers, recently hospitalized individuals with Medicaid/Medicare

Conditions Treated

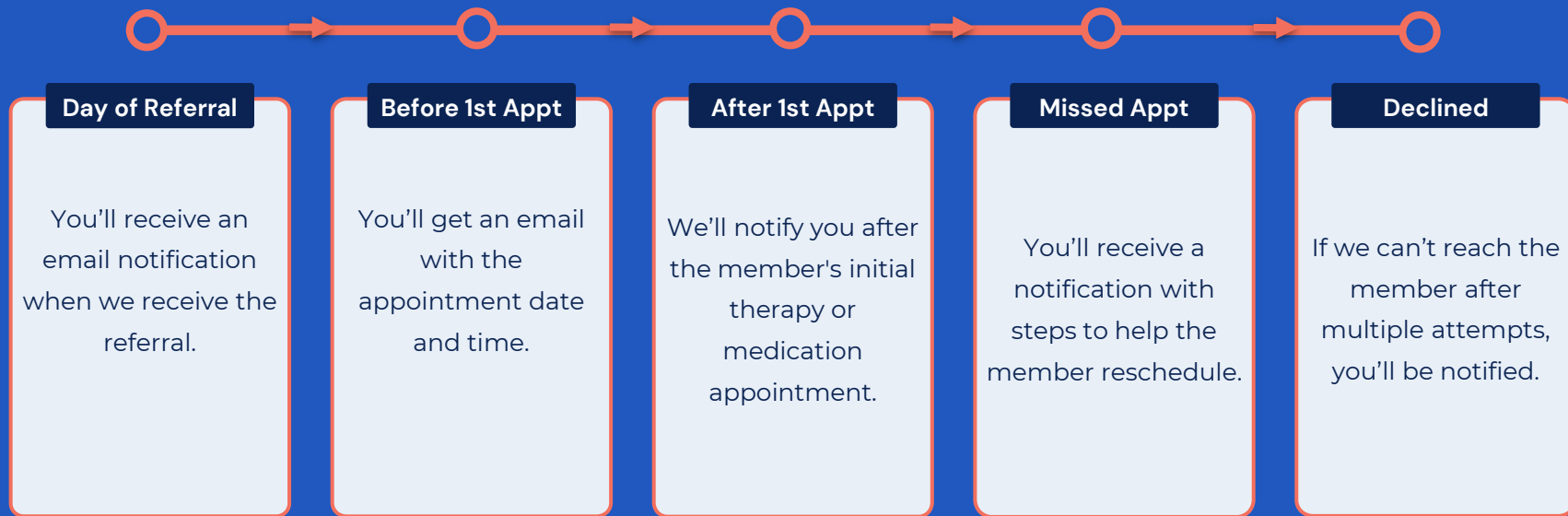
Anxiety, ADHD, bipolar disorder, borderline personality disorder, grief, PMADs, PTSD, trauma, schizophrenia

Clinical Pathways

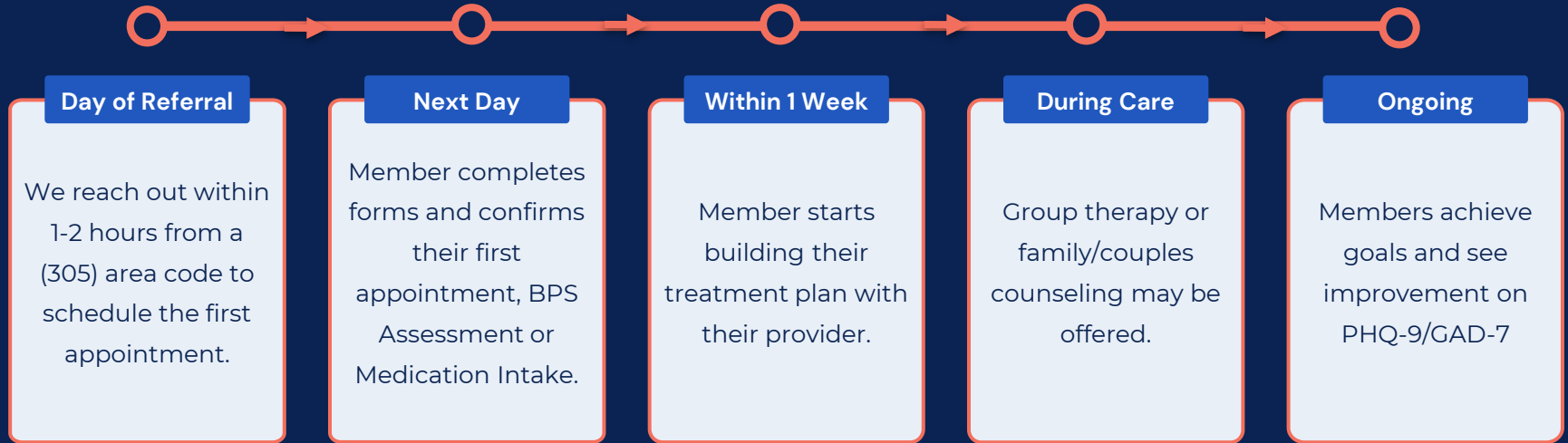
Programs for adolescents, foster care, SMI, chronic illness, maternal mental health, seniors, homebound and suicide prevention

What You Can Expect

Our tech-enabled notifications begin immediately when you make a referral using our online form



What Members Can Expect



How to Make a **Referral to Brave**



Our online referral form can be completed in ~1 minute. We need the following information:

- Patient Name
- Guardian Name
- **Best** contact phone number
- Insurance
- Services Seeking


Referral Form Link:

www.beb bravehealth.com/referral

EMR: **Brave Health**

Fax: **727-306-8033**

Secure Email: referral@bebravehealth.com

BR**AVE**TM

Step 1 of 2

Put your patients on a brave path forward

To refer a member to Brave Health, please fill out this secure form.

We'll use the member's information to outreach them, and your information to share progress updates.


Required Fields (*)

Patient Information

First Name*

Last Name*

Date of Birth*

Patient State*

Mobile Number*

Email Address

Next

We are here to support you

Connecting with members is hard work. Getting in touch with their provider shouldn't be. Brave has a dedicated team that is here to answer your questions.

How to get in touch with us:

Email us: partnersupport@bebravehealth.com

Schedule a 15-minute 1-1: [link]

Info you can share with members:

Brave Health's main line: 305-902-6347 (Call or text)

Monday-Friday 8AM-5PM CT

www.bebravehealth.com/patients



CountyCare x Brave Powered Member Outcomes

Cook County
x Brave

In 2024, we received **1,217** referrals and your members were seen a total of **2,296** times by a Brave Health clinician.

Your dedication and hard work on connecting members to care have yielded the following outcomes:

12%

Average
PHQ9/GAD7
Improvement

25%

Member Treated
Rate

11 Days

Speed to Care

Member Success Story

A 36 year old member took a courageous step toward prioritizing her mental health when she was referred to Brave's services by her case manager, **Leshanna Hodges**. Through therapy, she found a safe space to heal, grow, and develop tools to navigate life's challenges.

As Sarah experienced the positive impact of therapy, she realized the importance of mental health support for her family as well. Wanting the same opportunity for her 16-year-old son, she reached out to Leshanna, who quickly facilitated a referral. Thanks to this seamless coordination, her son is now scheduled for an appointment with a Brave Health clinician.

Sarah's journey is a powerful reminder that healing can create a ripple effect, inspiring others—especially loved ones—to seek the support they deserve. Through Brave, both she and her son are now on a path toward greater well-being, proving that taking the first step can change not just one life, but two.

11



Member Success Story

When a 45-year-old member, confided in his case manager, **Newworld Eboigbe**, about his recent suicide attempt, it was a pivotal moment in his journey toward healing. Though 911 was called, the member refused hospitalization. Living with multiple medical conditions and being wheelchair-bound after a stroke, he felt isolated and hopeless.

Recognizing the urgency of his situation, his CM immediately referred him for mental health support. Within five days, he was connected with a therapist and scheduled for psychiatry services for medication management. This swift intervention provided him with a compassionate support system, equipping him with the tools to navigate his challenges.

Today, the member is actively engaged in therapy and working closely with his psychiatrist to manage his mental health. Through ongoing support, he is rediscovering hope and resilience, proving that with the right care and encouragement, even the darkest moments can lead to a path of healing.

His journey is a testament to the power of timely intervention and compassionate care, reminding us that no one has to face their struggles alone.



Thank you for your partnership