



# Brighter Beginnings

*by CountyCare*

## How To Find a Midwife

CountyCare covers many different providers for prenatal care and delivery. This resource answers the questions: what is a midwife and how can I find one?

CountyCare has over 200 midwives in our network of providers! You may want to start with this [video](#) as an introduction to midwives.

## What is a Certified Nurse Midwife (CNM)?

A Certified Nurse Midwife (CNM) is a nurse with education, training and board certification<sup>1</sup>. Midwives take care of women of all ages, including pregnant women. Midwives work in partnership with women. Midwives provide care during pregnancy, labor, birth and the postpartum period, including care of newborns. Most midwives attend births in the hospital, but some midwives help women give birth in their homes or in birth centers. Midwives also provide general health services, annual check-ups, birth control, menopause care and treat common health problems.

*Here's how the American College of Nurse Midwives answer a common question:*

### **Why would I choose a midwife for care during pregnancy?**

Midwives view pregnancy and birth as normal life events that can be a healthy time in your life. Midwives are experts in knowing the difference between normal changes that occur and symptoms that require extra attention. Midwives specialize in providing support and education in addition to regular health care. They use evidence-based medical procedures when there is a specific concern for the health of you or your baby, and they work in partnership with physicians who can be available if needed. Midwives offer health care that respects the goals and choices of each individual woman and family.



### **How do I find a CountyCare midwife?**

You can call CountyCare at 312-864-8200. Ask a customer service representative to help you search for providers with the “midwife” specialty. They can make you a list of midwives within your area.

### **Where can I see a Midwife? In Network Health Centers with Midwives**

You can see a midwife for your prenatal care visits at a community health center. You may deliver with your midwife in a partner hospital or birth center. See below for a list of health centers that offer prenatal care with a midwife.

Clinic Name	Clinic Phone Number	Partner Delivery Hospital(s)
Erie Family Health Centers	312-666-3494	Northwestern Memorial Hospital, Swedish Hospital, Northshore Highland Park Hospital, Northshore Evanston Hospital and Northshore Lake Forest Hospital
PCC Community Wellness Centerw	708-383-0113	Birth Center at PCC and West Suburban Medical Center
Alivio Medical Center	773-254-1400	MacNeal Hospital, Mercy Hospital and Rush Medical Center
Access Community Health Network	866-267-2353	St. Anthony Hospital, Rush Medical Center, University of Chicago, UIC Hospital and Northwestern Memorial Hospital

<sup>1</sup> Certified Nurse-Midwives (CNMs) are registered nurses who have graduated from a midwifery education program accredited by the Accreditation Commission for Midwifery Education (ACME) and have passed a national certification examination administered by the American Midwifery Certification Board, Inc. (AMCB).

Clinic Name	Clinic Phone Number	Partner Delivery Hospital(s)
Lawndale Christian Community Health Center	872-588-3000	Mt. Sinai Hospital or Saint Anthony Hospital
Friend Family Health Center	773-702-0660	University of Chicago Hospital
Infant Welfare Society of Chicago	773-782-2800	Presence Saints Mary and Elizabeth Medical Center, Swedish Covenant Hospital and Advocate Illinois Masonic Hospital

\*This list is not all inclusive. If you are interested in having a midwife for prenatal care and delivery, call your primary care provider and ask them to help you find midwife services.

### Where can I see a Midwife? In Network Hospitals with Midwives

You can also see midwives for prenatal care at the hospital, and then deliver at that hospital. See below for a list of hospitals that offer prenatal care and labor and delivery with a midwife.

Hospital Name	Phone Number
University of Illinois Hospital	312-413-7500
Saint Anthony Hospital	773-484-1010
Swedish Covenant Hospital	773-989-6200
Advocate Illinois Masonic Hospital	800-3-ADVOCATE
Northwestern Medicine	312-926-8811
Saints Mary and Elizabeth Medical Center	855-692-6482
Norwegian American Hospital (Humboldt Park Health)	773-292-5967
University of Chicago Medicine	888-824-0200
West Suburban Medical Center	708-383-6200

\*This list is not all inclusive. If you are interested in having a midwife for prenatal care and delivery, call your primary care provider and ask them to help you find hospitals with midwives

### Resources

Click on these links to learn more!

[Discover Midwives - American College of Nurse-Midwives](#)

[About Midwives - American College of Nurse-Midwives](#)

[CountyCare Find a Provider Tool](#)

[What is a Midwife? \(wiley.com\)](#)

[Prenatal Care Check-ups - March of Dimes](#)

[Prenatal Care & Tests - Office on Women's Health, U.S. Department of Health & Human Services](#)

