



PREVENTION

Get tested and treated for sexually transmitted infections and **protect others** if you have HIV.

- PREP (Pre-exposure Prophylaxis) helps reduce HIV from spreading during sex or if you use needles for drugs. If you take it right, it works well to prevent HIV.
- If pregnant, taking HIV medications can prevent transmission of HIV to your baby and protect your health. Most HIV medicines are safe to use during pregnancy, talk with your provider for more information.



TESTING

Get tested to get linked to appropriate care. Speak to your providers for more information on testing.

- If you are trying to get pregnant, get tested. Knowing your status can help you determine your next steps and prevent transmission.
- The earlier you can get tested for HIV and know your status the earlier you can begin treatment and live a longer, healthier life.



NEXT STEPS AFTER DIAGNOSIS

If HIV positive, take HIV medications (known as antiretroviral therapy, ART) to protect your transmission of HIV to others and reduce the amount of HIV in your blood.

Visit with your healthcare provider to go over your health and medical history, get a physical exam, and lab tests.

GET TESTED TODAY!

**IF YOU HAVE ANY QUESTIONS CONTACT YOUR
CARE COORDINATOR OR CALL MEMBER SERVICES
AT 312-864-8200**

**SCAN QR CODE to find
testing center near you!**

