

Webinar Agenda

October 2019

2:00-2:05: Introductions

2:05-2:25: Pain Management

2:25-2:30: Questions

2:30-2:40: ABE Review

2:40-2:45: Questions

2:45-2:50: HEDIS

2:50-2:55: Critical Incidents

2:55-3:00 Care Coordinator Spotlight and Survey





Types of Pain



NOCICEPTIVE SOMATIC

- Originates from the damage to body tissue, such as bone fracture, cuts, metastasis
- Described as "sharp," "achy" or "stabbing"



NOCICEPTIVE VISCERAL

- Originates in visceral organ, poorly localized
- Described as "deep, dull, cramping"

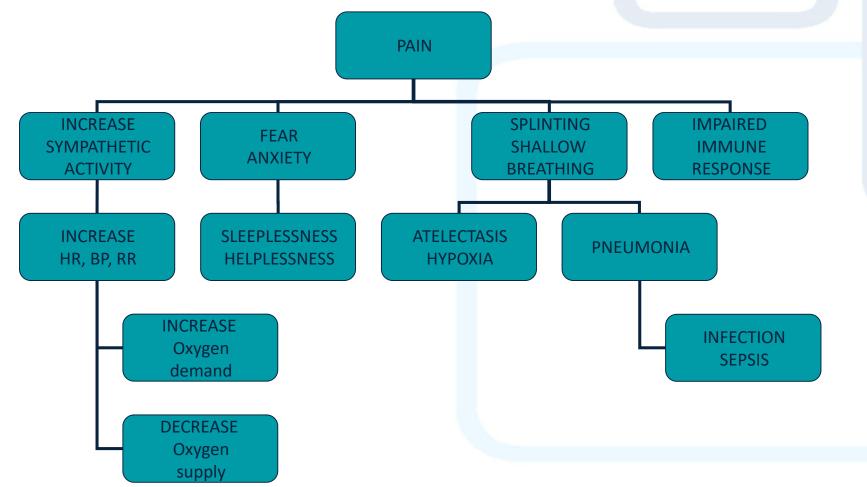


NEUROPATHIC

- Originates in damaged nerves also arises from abnormal neural activity secondary to disease or injury of the nervous system
- Described as "burning", "searing" or "tingling"



Physiologic Changes of Uncontrolled Pain

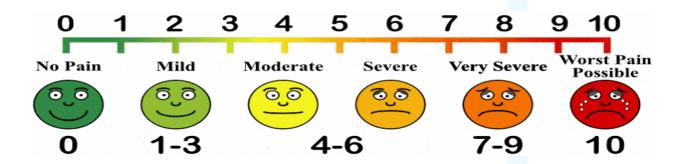




Assessment of Pain

Pain History (PQRSTU Approach)

- P: Palliative/Provocative Factors (activity/rest)
- Q: Quality of pain (types: nociceptive, neuropathic, mixed)
- R: Region and/or Radiation of pain
- S: Severity (see pain scale)
- T: Temporal aspects (time of day, continuous or intermittent; response to medication)
- U: Untoward effects on activity or quality of life



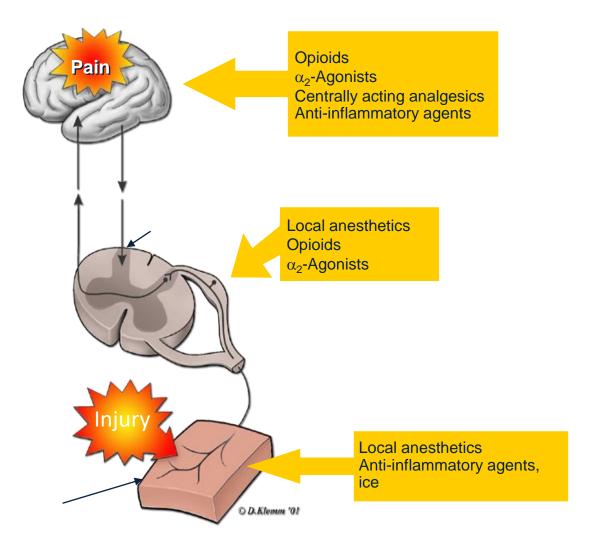
Physical Examination

Radiographic and Laboratory Studies (if indicated)

Reassess, Reexamine and Readjust therapy



Treatment Modalities - Multimodal Approach



- Reduce dose of each analgesic
- Synergistic or additive effects
- Reduce the side effects of individual medications

How do I Treat Pain? WHO 3-Step Ladder

3 severe (7-10)

Morphine

Oxycodone

Hydromorphone

Fentanyl

± Adjuvants

2 moderate (4-6)

Acet/Codeine*

Acet/Hydrocodone*

Oxycodone

Tramadol

± Adjuvants

1 mild (1-3)

Acetaminophen

NSAIDs

Aspirin

± Adjuvants

*Limited by acetaminophen

Adjuvants: tricyclics, anticonvulsants or corticosteroids, muscle relaxants



Medications

Acetaminophen

- Analgesic, antipyretic, weak anti-inflammatory
- Less than 4 gm/day

NSAID's: Analgesic, anti-inflammatory and antipyretic

- Reduces Opioid requirements
- IV Toradol useful in patients who are NPO
- Ceiling effect
- Adverse effects include: PUD, Renal dysfunction decrease platelet count and bronchospasm

Tramadol

- Centrally acting analgesic inhibits ascending pathways
- Mu opioid receptor agonist
- Weak inhibitor of serotonin, norepinephrine reuptake effective in neuropathic pain
- Withdrawal symptoms if discontinued abruptly
- Seizure risk increased in patients receiving SSRIs, TCA's.



Opioid Analgesics

CHOICE – type of pain, pts previous experience, route

- Short acting opioids (IR)
 - start of therapy, breakthrough pain
- Long acting opioids (SR, Cont.)
 - Expect prolong period of pain, baseline opioid consumption

MODE OF DELIVERY

- npo, acute, severe
- IV PCA

TITRATION

Control pain with bolus, provide maintenance

SIDE EFFECTS

Educate patient, predict, prevent

CONTINUITY UPON DISCHARGE

Depends on expected course

CONCERNS

 Familiar with use of opioids, current laws, proper documentation, referral for chronic pain management

Opioids

Analgesic effects mediated at mu receptors in CNS and Spinal cord

Most commonly used opioids are Hydrocodone, Oxycodone, Morphine, Hydromorphone and Fentanyl

- Most metabolized by liver and excreted by kidneys:
 - With normal renal function, steady state is achieved in 24 hours
 - Adjust dose in renal insufficiency/failure or change to an opioid that is not renally excreted
 - Opioid side effects: N/V, constipation, respiratory depression



High Risk Patients

HISTORY OF OBSTRUCTIVE SLEEP APNEA

SEVERE COPD

ELDERLY

OPIOID NAIVE, SENSITIVE

Safe Opioid Prescription A Partnership with Patients at CCHHS

Best Practice Guidelines by CDC for Chronic Pain Management:

- Agreements/Informed consents with opioid prescription
- Verifying ILPMP each time on Opioid prescription
- Prescribe small quantities and Frequent visits initially
- Single pharmacy
- Establish a refill and cross coverage system
- Urine Drug testing
- Pill counts
- Risk and Function Improvement Assessments
- Avoid prescribing opioid and benzodiazepines concurrently
- Prescription of Naloxone for opioid prescription >50 MME



Opioid Dependency and High Risk Population



BRIDGE OVER TO MAT PROGRAM AND OVERDOSE PREVENTION



MAT: The gold standard for treating opioid use disorder

Combination of medication & behavioral health/social support

Medications:

- Buprenorphine (common trade name: suboxoneTM)
- Naltrexone (common trade name: vivitrolTM)
- Certain providers are specially trained to prescribe buprenorphine
- Refer patients to external methadone programs

Behavioral/social support: Recovery coaches and Social Workers offer

- Individualized support
- Link patients to external support
- Address anxiety, depression, trauma, and other common behavioral health issues
- Help addressing transportation, housing, and other challenges

Refer a patient to MAT: Heroin and Opioids

- Clinics with a recovery coach: Contact the coach directly or through Cerner message
- Clinics without a recovery coach: Contact the social worker



Interventional Pain Modalities

- Trigger point injections
- Peripheral and CNS blocks
- Sympathetic nerve blocks
- Neurolytic Blocks
- Facet Joint injections
- Radiofrequency ablation
- Spinal cord stimulation
- Implantable pumps





Peripheral Nerve Blocks

Diagnostic:

Local anesthetic only, to clarify mechanism or simulate effects of therapy

Therapeutic:

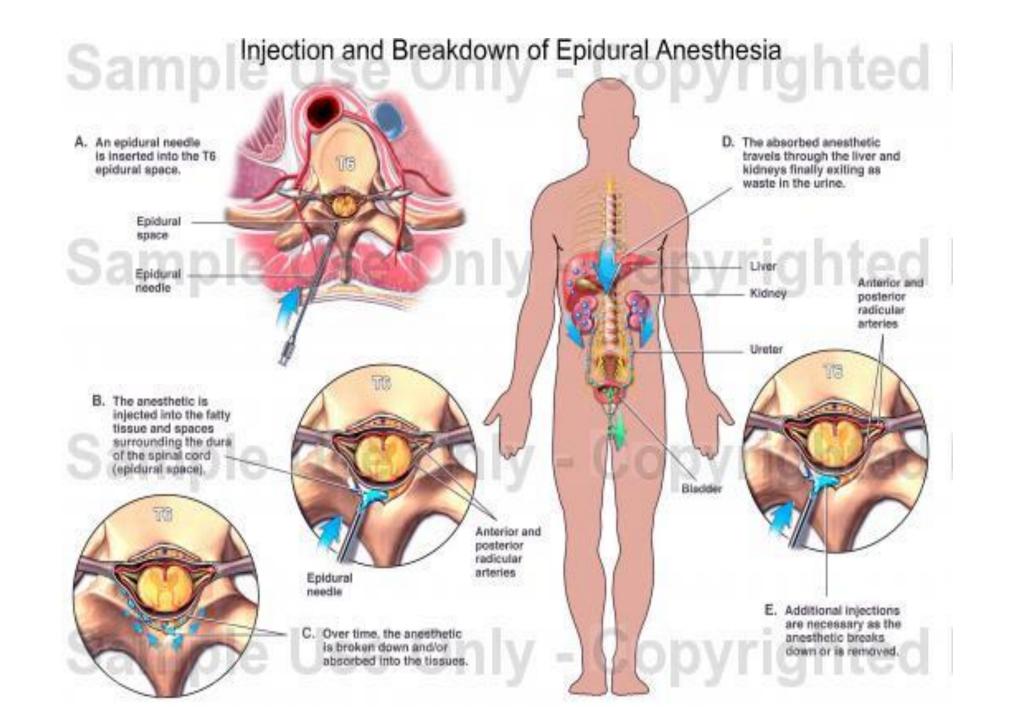
 Anesthetize a site or pathway temporarily (local anesthetic) or "permanently" (neurolytic agent), or reduce inflammation (corticosteroid)

Used in acute postoperative/chronic pain

- Post-op: brachial plexus block shoulder/arm surgery
 - intersocstal blocks breast and chest
 - lumbar plexus blocks hip and leg surgery
- Chronic pain: used to identify and treat source of pain
 - local anesthetics/steroids

Epidural Analgesia

- Used pre/intra/post operative period to provide analgesia, and avoid analgesic gaps¹
- Attenuation of the surgical stress response
- Associated with low incidence of pulmonary and cardiovascular complications^{2,3}
- Provides significantly better postoperative analgesia compared to parenteral opioids⁴
- Single agents or combination (local anesthetics, opioids, other agents)
- Improves postoperative outcome⁵
- Improves quality of life and patient satisfaction⁶



Regional blocks associated complications

- Proper selection of patients
- Close monitoring and evaluation by nurses and physicians
 - infection (epidural abscess)
 - bleeding (epidural hematoma)
 - migration or dislodgement of the catheter
- Coagulation status

Patient Referrals

- Acute pain: In-patients post surgical or acute exacerbations
 - Acute Inpatient consults (312) 689-5664
 - Clinic appointments (312) 864-3220
- Chronic pain: LBP, OA, MSK/Myofascial, Neuropathic
 - Diagnostic work up complete
 - E-consults
 - Medical management, PT

Patient Referrals

- Prior authorization required for CountyCare members
- PCP referral required
 - Econsult
 - Each clinic has own PCP referral system
- For CCH providers the main referral pathway is Cerner Orders with eConsult as an option.
- For partners with eConsult access, use Cerner Orders and fax the Outpatient Physician Visit Referral Form to CCH Referral Support Center (312-864-7039).
- For partners w/o eConsult fax the Outpatient Physician Visit Referral Form to the CCHHS Referral Support Center (312-864-7039).

Outpatient Physician Visit Referral Form



OUTPATIENT PHYSICIAN VISIT REFERRAL FORM Date of Request: Click here to enter a date. Visit Type: ☐Routine Provident Location Preference: Stroger Referral Information Referring Location: Referring Physician: Physician Contact Phone Office Fax Contact Person: Contact Phone: Service Requested: ICD-10 Code/Diagnosis (Required): Reason for Referral: Patient Information Patient Name CCHHS MRN (if available) Home Address: Does the patient need an interpreter? ☐Yes ☐No If yes, language: Insurance Provider: For CCHHS Internal Use Only Appointment Date and Time: Location Floor/Room:

Please fax completed form to the CCHHS Referral Support Center at (312) 864-7039.

Referrals – Alternatives to CCH

• CountyCare Find-a-Provider https://countycare.valence.care/member/#findAProvider

Enter adult specialty - > pain medicine - > any other search criteria (ex. zip code) -> SEARCH - >

download PDF of search output



Referrals – Alternatives to CCH

Pain Medicine

CountyCare welcomes our new members! This page displays search fields to find in-network doctors and facilities. Search fields include by location or name of provider, type of provider, whether the provider speaks languages other than English, and the hospitals that the provider usually works with. Do you need help finding a doctor or medical facility? Click here for tips to help you choose a doctor that will meet your health needs. Click here to learn about the information in the Provider Directory, including what each field means, who gave us the information, how often we review and update the information, and any limitations to the information. Please report any directory errors to CountyCare by calling Customer Service @ 312-864-8200. Providers may notify CountyCare of any updates or changes by email at Providerservices@countycare.com Click here to see definitions of types of doctors that are listed in the Provider Directory. Check the most current accreditation status by visiting the appropriate accrediting agency site such as Joint Commission, Healthcare Facilities Accreditation Program, American Osteopathic Association and other accreditation entities. The Behavioral Health Consortium of Illinois is group of 12 mental health and substance use providers. An intake representative is available to schedule behavioral health care services between 8:30 AM - 5:00 PM Monday through Friday by calling 844-433-8793. If you need assistance, or for a hard copy version of the CountyCare Health Plan Provider Directory, please contact Member Services at 312-864-8200. All information provided online can be obtained via print or telephone. Privacy Policy | HIPAA Statement | Non-Discrimination Statement | Language Statement Provider Type (Optional) Provider/Organization Name Location Find Adult Specialty (eq: Smith, Sally or Stroger Hospital) (eq: Zip Code or City) Specialty

Take Home Messages

- Pain remains significantly undertreated and is associated with substantial short- and long-term consequences
- Healthcare providers need to evaluate treatment options and individualize these to their patients in order to provide pain relieve
- Pain is dynamic and assessment requires frequent evaluations
- Multimodal approach to pain relieve with clear set expectations
- Pain management is a complex and collaborative in nature, and must include good communication among the patient, family and practitioners involved in the care

Thank you.





What is ABE?

Applications and Benefits Eligibility

Application for Benefits Eligibility (ABE)

State of Illinois' Official website for applying for and managing Medical, SNAP and Cash benefits

HFS Preferred Method to communicate and submit information

ABE.Illinois.gov

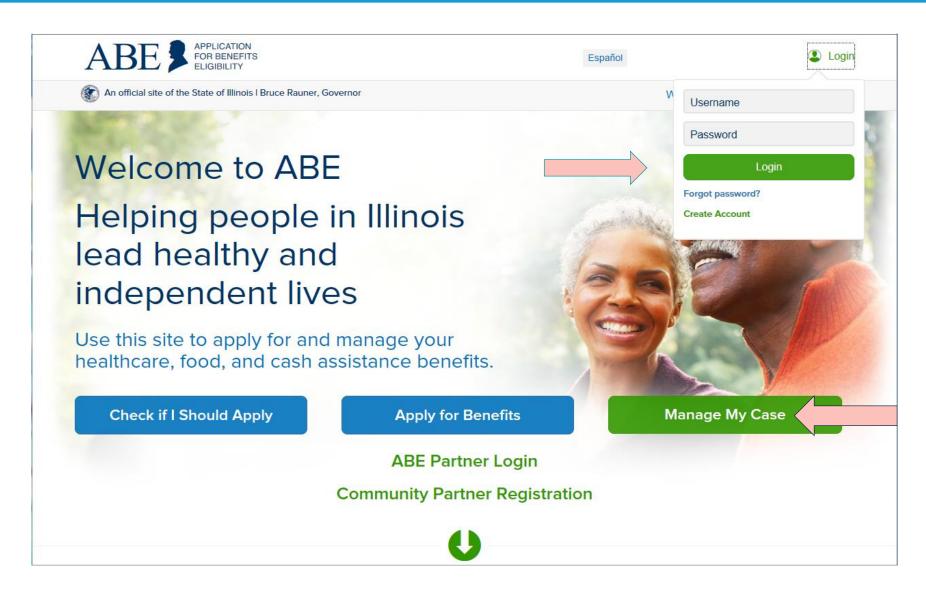


Manage My Case

Why use Manage My Case?

- 1. Update information (address, phone number, etc.)
- 2. View upcoming FCRC (DHS) appointments
- 3. View notices (including cancellation/denial) and verification requests
- 4. Renew benefits
- 5. Apply for additional benefits
- 6. Upload documents
- 7. Check application status
- 8. Link to the online appeals portal to appeal a benefit decision
- 9. Email the FCRC

Step 1: Set up or log into existing ABE account

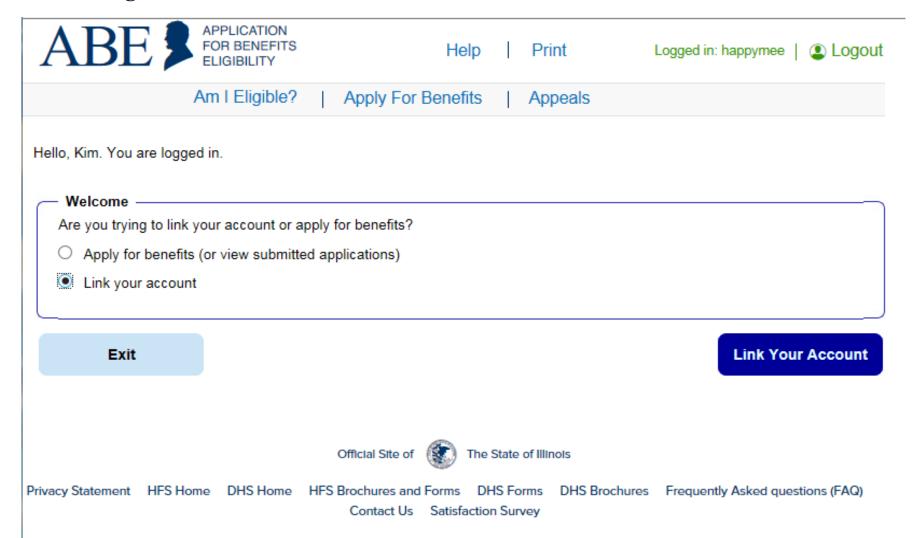


Creating an ABE account

- Create an MMC account:
 - Username
 - Password
 - Must be 8 characters from 3 of 4 categories: Uppercase, lowercase, numbers, special characters
 - May not contain the username
 - Password has to be changed every six months
- Answer security questions
 - Member needs remember answers to reset or recover a password
 - Have member write down and keep in a safe place!
- Username can NOT be recovered, if someone forgets it, need to create a new account
- Link ABE Account to their case information
- Must successfully go through Identity Proofing (federal requirement). The service is through Experian

Creating an ABE account

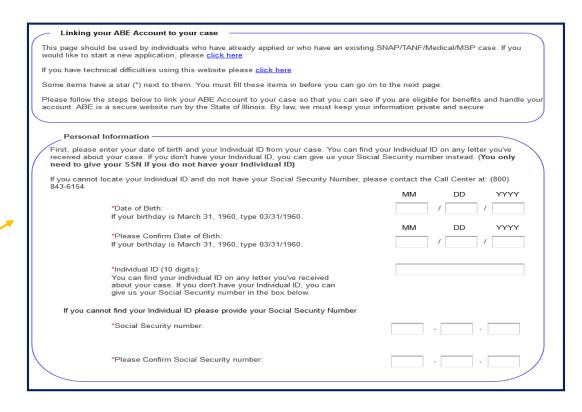
Linking an Account to a Case for MMC



Creating an ABE account

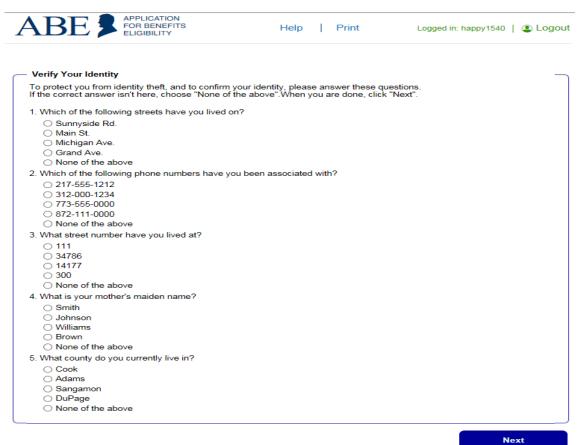
- Linking an ABE Account to Case Information
 - Any member may use MMC, whether they applied through ABE or not
 - When member logs into ABE for the first time and selects MMC, they will need to link their account and complete identity proofing

Members enter their date of birth and their Individual ID or SSN – Identity Proofing then occurs. Individual ID #s are on the Notice of Decision (360C) – they are new #s in IES - NOT the RIN



Creating an ABE account

• **ID Proofing Screens**: As part of an ABE application or when requesting to link an Account to a case, ABE will access the third-party identity proofing service, Experian, and display a set of multiple-choice questions that only the member would know the answer to, thus "proving" identity.



Creating an ABE account

Back

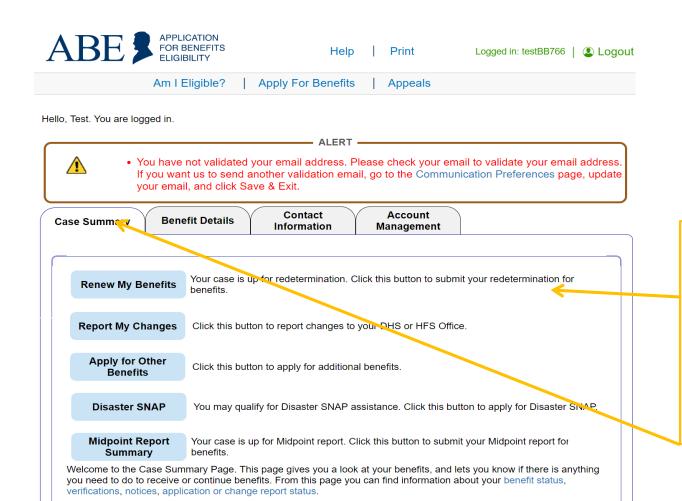
- ABE Identity Proofing Verification
 - Experian is **ABLE TO** verify the member's answers, ABE will direct the member to the MMC landing page
 - Experian is **NOT ABLE** to verify accuracy of member's answers or Experian does have enough information to offer verification questions, member is directed to help desk
 - When working with a member, if you don't have time to do this step you can

Verify Your Identity We were unable to verify your identity based on the answers you provided. Our Identity Verification service is hosted by Experian. Please call the Experian help desk and give them this reference number to verify your identity over the phone. Help Desk Phone Number: 1-866-578-5409 Reference Number: 8c31-e9-68c6 Please answer the question below after calling Experian. Were you able to verify your identity through Experian? ● Yes ● No Click Next to complete the identify verification process

ABE – Manage My Case

account management information.

Accessing Information: Case Summary Page



We have taken a number of steps to keep your information private and secure. To learn more, view your security and

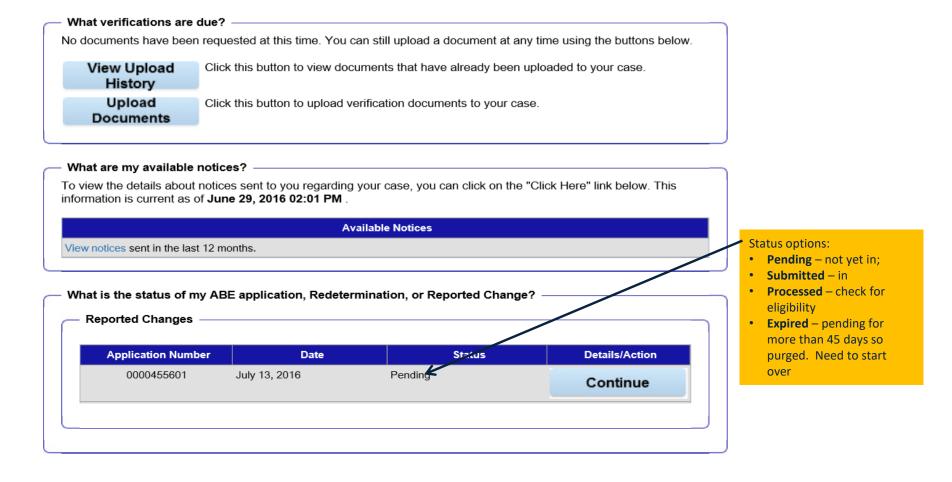
As a head of household, you can control benefit information displayed to other adults in your household.

Blue Buttons are for the member to send information to IES. Renew my Benefits and Midpoint Report will only appear if it's time to do those.

ABE – Manage My Case

Accessing Information: Case Summary Page

 Members can view verification requests/notices and check status of their redetermination



ABE - Manage My Case

Example of available notices

What are my available notices?

Here is a list of the notices that have been sent to you in the last 12 months. You may click on the PDF icon to view the details. This information is current as of **September 18, 2017 11:13 PM**.

Renew Your Benefits Now.

Upload documents

Name	Date of Notice	Notice Name	Notice	Action Needed?
Robert Silman	September 16, 2017	IL444-360C Notice of Decision	Adobe	No
Robert Silman	August 16, 2017	HFS 643RNW Courtesy Renewal Follow Up Letter	Adobe	Yes
Robert Silman	July 31, 2017	HFS 643 Medical Benefits Renewal Form	Adobe	Yes
Robert Silman	June 30, 2017	IL444-1893 Redetermination Application	Adobe	Yes

You will need to have a program called Adobe Acrobat Reader to see and print these notices. If you do not have this program on your computer, you may install it for free by clicking on the icon below.

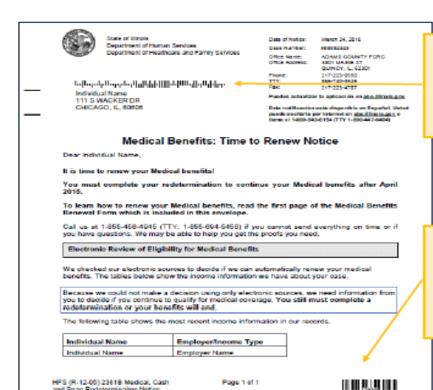


ABE – Manage My Case

Example of available notices - Redetermination

MMC: Case Summary Notices





USPS Intelligent Mail Barcode allows for automated central printing and mailing of correspondence

Barcode helps organize, track and manage documents sent to customers and returned to the agency

From: donotrepty@illinois.gov Sent: Thursday, August 07, 2014 To: casename@emailbrowser.com Subject: ABE: New notice is avallable in your account An important notice is available in your ABE account. Please log in to your account at abe Illinois gov...

Electronic alerts are available in both e-mail and text.

A new notice is available in your ABE account. Please log Into your account to view your notice, DO NOT REPLY.

and Snap Redetermination Notice

ABE - Manage My Case

Important Reminders

- ABE Manage My Case is the preferred method to submit redeterminations
 - Upon submission the system flags member's case so that member is not inadvertently canceled.
 - Case remains active until DHS reviews the submission
- Members that are unable to complete identity proofing:
 - Send request for member's barcoded redetermination forms to callcenterquestions@cookcountyhhs.org
- Members can also be directed to 312-864-REDE
 - Staff will complete the rede with the member over the phone



Questions

Courtney Thompson

708-633-6943

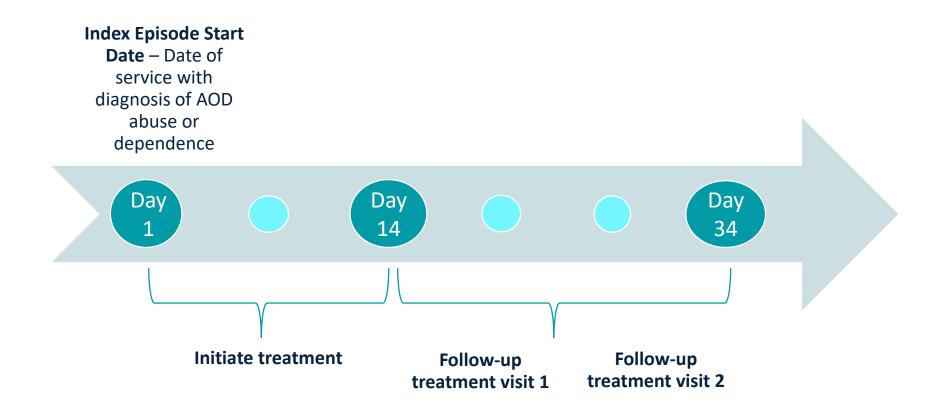
thocou@cookcountyhhs.org



Spotlight HEDIS Measure: IET

- Adolescent and adult members (13+ years) with a new episode of alcohol or other drug (AOD) abuse or dependence who received the following:
 - **Initiation of AOD treatment:** The percentage of members who initiate treatment through an inpatient AOD admission, outpatient visit, intensive outpatient encounter or partial hospitalization, telehealth, or medication assisted treatment (MAT) within 14 days of the diagnosis.
 - **Engagement of AOD treatment:** The percentage of members who initiated treatment and who had two or more additional AOD services or MATs within 34 days of the initiation visit.
 - 2 different providers + same date of service = 2 engagement visits
 - MAT + 1 provider + same date of service = 2 engagement visits

IET Timeline



County Care IET HEDIS Performance

	HY2019/CY2018	HY2020/CY2019	Percentile			
IET	Rate	Rate*	50 th	60 th	75 th	80 th
Initiation	44.0%	40.9	42.2%	42.4%	46.5%	47.7%
Engagement	12.7%	11.1%	11.9%	13.6%	17.7%	18.9%

^{*}Claims and eligibility data through 06/30/2019

- CountyCare improved to the 60th percentile for IET Initiation and the 50th percentile for IET – Engagement in HY2019/CY2018
- HY2020/CY2019 GOAL: 80th percentile

How can care coordinators help?

- Screen members for substance abuse
- Encourage members to sign Part 2 consent form for sharing substance use disorder information
- Members need "high touch" during early stages of treatment to stay connected and motivated help the member with scheduling at least 2 visits following the initiation visit
- Assist members with using the CountyCare transportation benefits
- Educate members on the effects of substance abuse and what to do in an event of a crisis
- Link members to community support resources
- Work closely and form partnerships with behavioral health agencies

Critical Incidents

HSAG Health Safety Welfare/Critical Incidents Monitoring Review

CY 2018 Critical Incidents

o 51/229 Critical Incidents were randomly selected and reviewed

Overall Performance

- Reporting of Incident 95%
- Compliance with Investigating Authority Decisions 100%
- Case Management Activities 85%

Opportunities

- Avg number of days between identification and resolution of the incident
- Updating the care plan to address an enrollee's change in condition
- Incidents were reported to the appropriate investigating authority

Critical Incidents

HSAG Health Safety Welfare/Critical Incidents Monitoring Review

HSAG's observations of CountyCare's CY 2018 processes

- CountyCare has thorough CI forms that allow for entry of key dates, as well as narrative information regarding an incident.
- The forms include applicable activities conducted to complete resolution of the event.
- CountyCare's policy requires that staff members conduct follow up with the investigating authority to determine investigation outcome.
- Education on ANE was provided annually to all enrollees

Care Coordinator Spotlight

Featured Care Coordinator: Jorie Currie

Jorie is always helpful, answers all questions, and assists her members with anything they need. Thank you Jorie!



Great job!



To nominate a Care Coordinator, please email maeve.dixon@cookcountyhhs.org

Questions and Survey

