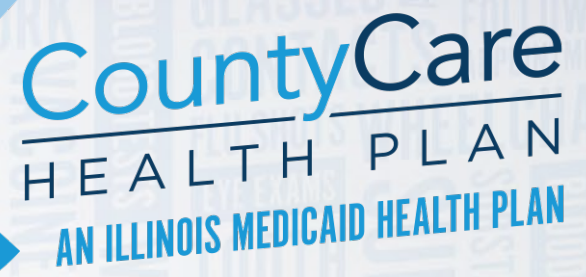


A close-up portrait of an older man with grey hair, a goatee, and glasses, smiling broadly. He is wearing a light blue V-neck shirt. The background is a light blue wall with various dental services listed in white text, including 'TOOTH CLEANING', 'EYE EXAMS', 'CANCER', 'ARE', 'GLASSES', 'CONTACT', 'PRESCRIPT', 'CARE', 'FOLLOW', 'APPLY', 'TOOTH', 'FILLINGS', 'DIABET', 'PRESCRIPT', '24/7 NURSE', 'LO', and 'F'.

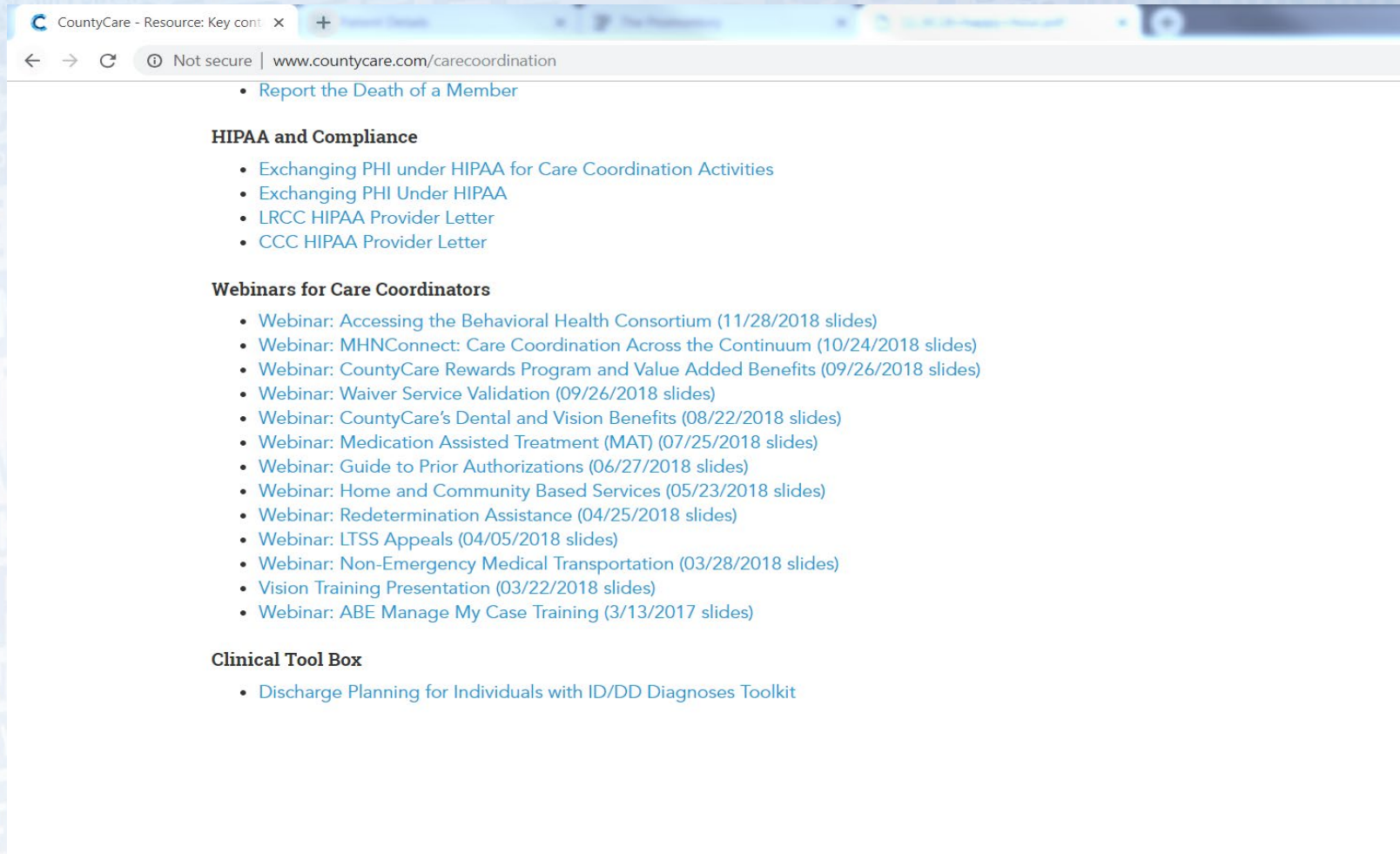


Webinar Agenda

1. Fresh Food Market
2. HEDIS Spotlight: Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents (WCC)
Community Spotlight: Ounce of Prevention
3. Care Coordinator Thank You Spotlight
4. Questions



Just a reminder...Visit CountyCare Care Coordination Website





Fresh Food Market

**Jifunza C.A. Wright-Carter
M.D., M.P.H. , Black Oaks
Center, Healthy Food Hub**



CountyCare
HEALTH PLAN
AN ILLINOIS MEDICAID HEALTH PLAN



Fresh Food Market

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Rx Bags: *Therapeutic Foods*

CCHHS Partnership

Jifunza C.A. Wright-Carter M.D., M.P.H. , Black Oaks Center, Healthy Food Hub



Many thanks to Experimental Station, USDA FINI Award, 2016

Food as Medicine: The CCHHS Partnership

- **CCHHS:** Community Health Centers, Patients, County Care Health Plan, Impact 20/20 (section 2 & 6)
- **BOC-Healthy Food Hub:** 8 + year history of food hub work addressing low food access & insecurity in high need communities. Local food system development, aggregating local harvest from small farms while training the next generation of farmers. USDA registered, NFP Food Hub
- **Experimental Station:** Provides LINK MATCH double value, administrator for the USDA FINI award



Impact 2020: CCHHS Strategic Plan

- **Highlighted Tactics: Expand “Food as Medicine” program.**
 - **Objective 6.3** Partner with other organizations to address population health care needs outside of the health care system, including those related to social determinants of health.
 - **Measurement & Milestones:** 2017: Expand “Food as Medicine” program to all outpatient sites. 2018-2019: Create new food access and distribution programs for CountyCare members and CCHHS patients. 2017-2019: Support community opportunities to bring fresh food into communities, including urban farms and food co-ops.



Food as Medicine

- Addresses a crucial social determinant of health
- Is patient empowering....supports self care
- Is integrative
- Maximal cost benefit ratio

Macronutrients

Fuels

- Carbohydrates
 - Monosaccharides (simple sugars)
 - Polysaccharides (complex sugars)
- Lipids (Fats)
 - Saturated
 - Monounsaturated
 - Polyunsaturated

Builders & Processors

- Proteins
 - essential
 - non essential
- Minerals
 - Na, K
 - P, Ca, Mg

Micronutrients

- **Vitamins**
 - Fat Soluble: A D E K
 - Water Soluble: C & B1, B2, B3, B5, B6, B12, biotin & folate
- **Trace Minerals: Fe, I, Se, Mn, Zn, Fl, Mb, Cr, Cu**
- **Phytochemicals**

Phytonutrients

- *A substance found in plants that is beneficial to human health and helps prevent various diseases.*
 - Glucosinates
 - Phenols & Phenolic Compounds
 - Anthocyanidins
 - Flavonoids
 - Terpenoids
 - Lycopene
 - Carotenoids
 - Tocopherols & Tocotrienols
 - Sterols
 - Alkaloids



Rx Bags: Diabetes

All selections require little insulin & contain phytonutrients to thwart diabetic complications

Selection	Nutrients	Functions
Brassicas- collards, kale, turnip & mustard greens, cabbage, cauliflower, broccoli, arugula	Glucosinolates Flavinoids Fiber	Arterial & DNA repair, anti-inflammatory, reduces redox rxns. Immune strengthener Binds bile acids, reduces cholesterol
Beta Vulgaris: Spinach, Chard, Beet Greens	Lutein & zeaxanthin	Protect the retina, lens from cataracts
Curcubitae: cucumbers, winter & summer squash, melons	Flavonol-Fisetin Arginine Lignans Flavinoids Antioxidants Erespin enzyme Citrulline	Brain health, improves memory Anti –inflammatory vasodilatation Diuretic Protein metabolism, protects kidney
Okra	Myricetin Flavonoids	Slows glucose gastric emptying and intestinal absorption time, reduces blood sugars, Reduces redox rxns
Berries, cherries	Antioxidants Melons-Arginine Myricitin	Reduces oxidative stress, brain & eye health, nitric oxide repairs arteries

Rx Bags: Heart Health

All selections help lower BP. Low to no salt preparation encouraged.

Selection	Nutrients	Function
<i>Brassicacae</i> - collards, kale, turnip & mustard greens, cabbage, cauliflower, broccoli, arugula	Glucosinolates Flavonoids Fiber	Arterial & DNA repair, anti-inflammatory, reduces redox rxns. Binds bile acids, reduces cholesterol
<i>Apiacae</i> - Celery, parsley, cilantro	Pthalides, sterols Phenols & Flavonols	Relax the blood vessels, lower BP Repair blood vessels' Reduces gouty episodes
<i>Curcubitae</i> : cucumbers, winter & summer squash, melons	Flavonol-Fisetin Arginine Lignans Flavinoids Antioxidants Erespin enzyme	Brain health, improves memory Vaso dialatation Diuretic Anti-inflammatory Protein metabolism, protects kidney
<i>Beta Vulgaris</i> : Spinach, Chard, Beet bottoms & greens	Lutein & zeaxanthin Betalains Nitrates	Eye health Antioxidant Reduce Oxidative Stress Dilates and repairs arteries

Rx Bags: Renal Health

All selections are lower in potassium and phosphorus

Selection	Nutrients	Function
Red Bell Peppers	B vitamins	Antioxidant, free radical protection
Green Beans	Silicon Beta carotenes, xanthins, lutein	Supports connective tissue & bone Anti-inflammatory
Cauliflower	Sulforaphane Choline Antioxidants	Increased blood flow, repairs DNA Boost Cognitive Function Anti-inflammatory
Cabbage	Flavonoids Phenols Sinigrin Glucobrassicin	Lowers blood sugars Protect and Repair DNA
Allium: Garlic & Onion	Allicin Antioxidants Sulfur compounds Quercitin	Aid in blood vessel pliability Strengthens immune system Anti-inflammatory

Rx Bag: WIC Moms & Children

All selections support milk production, healthy pregnancy and offspring

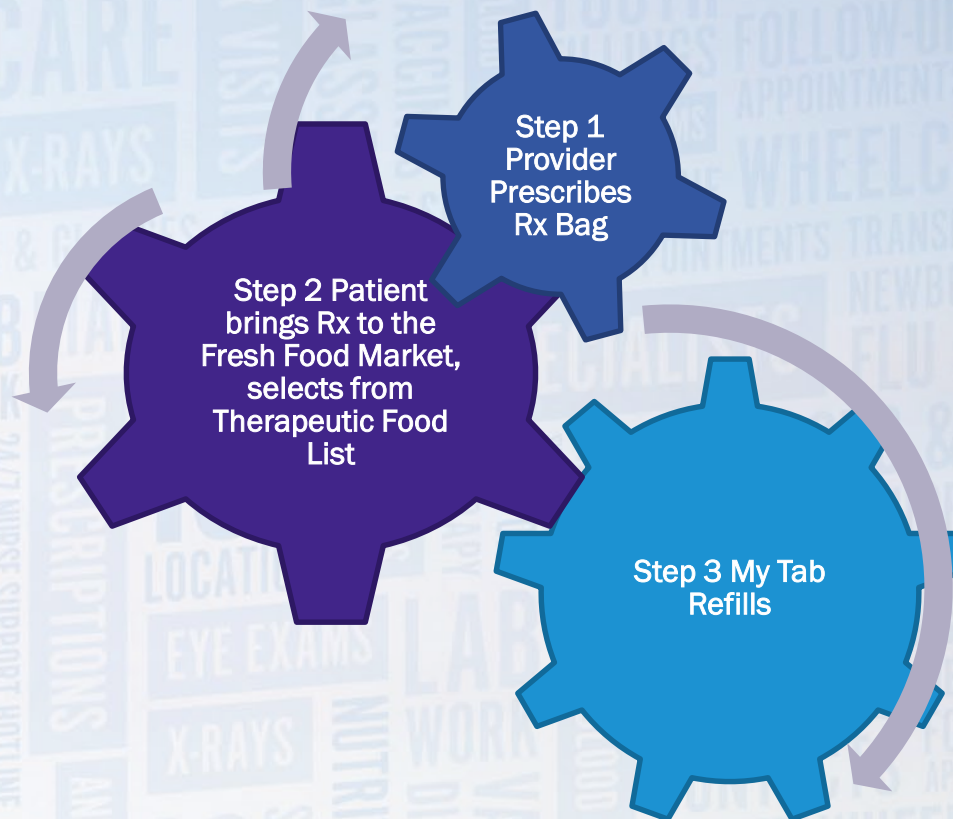
Selections	Nutrients	Functions
Peaches	Polyphenols Caffeic acid	Reduces free radicals
Plums	Phenol Fiber	Foster good eliminations Antioxidants
Lettuce	Lactucarium lipoxygenase and carrageenan	Antianxiety, induces sleep, anti-fungal, neuroprotection Anti-inflammatory
Sweet potato	Beta carotene & anthocyanins	Anti-inflammatory Improve blood sugars Excellent source of Vit. A, children
Carrots	Carotenoids Anthocyanins	Reduces CVD risk Eye, skin health Cancer protection
Asparagus	Quercitin	Maintain integrity of vaculature

Rx Bags: Wellness

Selections	Nutrients	Function
Tomato	Lycopene Flavonoids	Reduced oxidative stress, immune strengthening, CVD & cancer protective
Eggplant	Nasunin Chorogenic acid	Protects brain cells Free radical scavenger
Peppers	Flavonoids Carotenoids	Reduced oxidative stress
Apples	Pectin Flavinoids	Reduces oxidative stress , decrease inflammation, improves GI microbiome Thwarts obesity

Rx Bags: How it Works

1. Provider prescribes Rx Bag
2. Patient brings prescription to the Fresh Food Markets
3. My Tab Refills with delivery option



Presentation references available upon request

Fresh Food Markets

- Cook County Health has partnered with Black Oaks Center and Healthy Food Hub to sell fresh fruits and vegetables, whole grains, beans, peas, lentils, herbs, spices, teas and more to residents in south suburban Cook County.
- Fresh Food Markets accept various forms of payment, including senior farmers' market coupons, WIC farmers' market coupons, and debit/credit cards.

Fresh Food Markers Locations

- **Cottage Grove Health Center Fresh Food Market**

1645 S. Cottage Grove Ave.

Ford Heights, IL 60411

Fridays from 9 am to 2 pm*

**First Friday of the Month from 9 am - 12 pm*

- **Oak Forest Health Center Fresh Food Market**

15900 S. Cicero Ave.

Oak Forest, IL 60452

Wednesdays from 9 am to 2 pm

- **Robbins Health Center Fresh Food Market**

13450 S. Kedzie Ave.

Robbins, IL 60472

Thursdays from 11 am to 3 pm

Link Up Illinois Link Match Program

- Cook County Health has also partnered with Experimental Station's Link Up Illinois Link Match Program to provide SNAP users a LINK match on all purchases at Fresh Food Markets. Double your value dollar-for-dollar up to \$20 with your active LINK card.

Additional resources

Fresh Food Truck

Location	Address	2019 Dates	Time
Arlington Heights Health Center	3250 N. Arlington Heights Road Arlington Heights, IL 60004	March 21, May 16, July 18, Sept. 19, Nov. 21	9 am -10:30 am
Austin Health Center	4800 W. Chicago Ave. Chicago, IL 60651	Feb. 7, April 4, June 6, Aug. 1, Oct. 3, Dec. 5	10:30 am to 12 pm
Cicero Health Center	5912 W. Cermak Rd. Cicero, IL 60804	Feb. 5, April 2, June 4, Aug. 6, Oct. 1, Dec. 3	9 am - 10:30 am
Cottage Grove Health Center	1645 S. Cottage Grove Ave. Ford Heights, IL 60411	Feb. 12, April 9, June 11, Aug. 13, Oct. 8, Dec. 10	10:30 am to 12 pm
Dr. Jorge Prieto Health Center	2424 S. Pulaski Rd. Chicago, IL 60623	Jan. 3, March 7, May 2, Sept. 5, Nov. 7	9 am - 10:30 am
Englewood Health Center	1135 W. 69th St. Chicago, IL 60621	Feb. 21, April 18, June 20, Aug. 15, Oct. 17, Dec. 19	9 am - 10:30 am
John Sengstacke Health Center & Provident Hospital	500 E. 51st St. Chicago, IL 60615	Jan. 8, March 12, May 14, July 9, Sept. 10, Nov. 12	9 am - 10:30 am

Additional Resources

Fresh Food Truck Locations Cont.

Logan Square Health Center	2840 W. Fullerton Ave. Chicago, IL 60647	Jan. 22, March 26, May 28, July 23, Sept. 24, Nov. 26	9 am - 10:30 am
Near South Health Center	3525 S. Michigan Ave. Chicago, IL 60653	Feb. 21, April 18, June 20, Aug. 15, Oct. 17, Dec. 19	1 pm - 2:30 pm
Oak Forest Health Center	15900 S. Cicero Ave. Oak Forest, IL 60452	Jan. 24, March 28, May 23, July 25, Sept. 26	10:30 am to 12 pm
Robbins Health Center	13450 S. Kedzie Ave. Robbins, IL 60472	Feb. 19, April 16, June 18, Aug. 20, Oct. 15, Dec. 17	10:30 am to 12 pm
Ruth M. Rothstein CORE Center	2020 W. Harrison Chicago, IL 60612	Jan. 18, March 15, May 17, July 19, Sept. 20, Nov. 15	9 am - 10:30 am
Woodlawn Health Center	6337 S. Woodlawn Ave. Chicago, IL 60634	Jan. 15, March 19, May 21, July 16, Sept. 17, Nov. 19	11 am to 12:30 pm

Additional Resources

Summer Meals

- Children 18 years and younger can get free, healthy meals at the Cook County Health centers listed below. You do not need to be a current patient of Cook County Health to access Summer Meals. Other Summer Meals sites can be located by calling 1-800-359-2163 or by visiting <http://summerfeedingillinois.org/>

Location	Address	2019 Dates	Hours of Operation
Cottage Grove Health Center	1645 S. Cottage Grove Ave. Ford Heights, IL 60411	June 11 through August 31	Monday through Friday, 12 pm - 1 pm No meals on July 6 or August 3
Englewood Health Center	1135 W. 69th Street Chicago, IL 60621	June 20 through August 31	Monday through Friday, 11 am to 12:30 pm
Robbins Health Center	13450 W. Kedzie Ave. Robbins, IL 60472	June 19 through August 31	Monday through Friday, 11:30 am to 12 pm

Additional Resources

- The previously mentioned resources and more can be located at <https://cookcountyhealth.org/patients-visitors/healthy-living/>

If a care coordinator discovers that a member is having barriers with food insecurities, please educate the member on these available resources.

HEDIS Spotlight

Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents (WCC)

Laurel Chadde

Performance Improvement Project
Analyst, CountyCare



CountyCare
HEALTH PLAN
AN ILLINOIS MEDICAID HEALTH PLAN

Spotlight HEDIS Measure: WCC

Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents

- The percentage of members 3–17 years of age who had documentation of an outpatient visit with a PCP or OB/GYN and who had evidence of the following during the measurement year (January 1st – December 31st):
 - BMI percentile documentation
 - Must have height and weight; BMI must be represented as a percentile
 - Counseling for nutrition
 - One of the following: current nutrition behaviors; checklist with nutrition addressed; counseling/referral for nutrition counseling; weight/obesity counseling
 - Counseling for physical activity or referral for physical activity
 - One of the following: current physical activity behaviors e.g. exercise routine, participation in sports activities; checklist indicating physical activity was addressed; counseling/referral for physical activity; educational materials on physical activity in face-face visit; weight/obesity counseling.

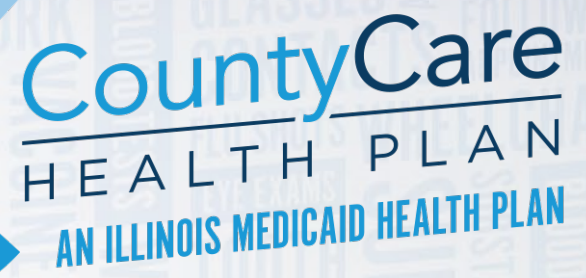
WCC HEDIS Performance

Metric	HY2019/CY2018 Rate	Percentile			
		50 th	60 th	75 th	Target 80 th
WCC – BMI percentile documentation	84.74%	75.55	78.18	82.63	84.41
WCC – Counseling for nutrition	81.31%	69.57	73.0	77.91	80.0
WCC – Counseling for physical activity	78.19%	63.5	67.2	71.29	74.6

How can care coordination help?

- Outreach member/family schedule annual well-child visits with assigned PCP
- Promote wellness and improve health behaviors
- Actively engage the member/family in goal setting and monitor progress towards goals
- Encourage members to discuss BMI, nutrition, and physical activity with their PCPs
- Refer and link member/family to community resources
 - Ex: Cook County Health fresh food markets
 - <http://www.countycare.com/Media/Default/pdf/CCH-Black-Oaks-Robbins-Fresh-Market-FULL-Flyer1218.pdf>

Ounce of Prevention



the Ounce

Grantee Support Services – Head Start/Early Head Start



It's amazing what they absorb before they're five.

Our Mission

The Ounce of Prevention Fund gives children in poverty the best chance for success in school and in life by advocating for and providing the highest quality care and education from birth to age five.

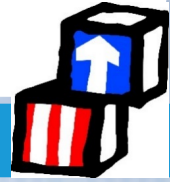


Grantee Support Services



- The Ounce provides high-quality Early Head Start and Head Start programs to more than 1,300 low-income children and families in the Chicago area.
- Center Based programs
- Home Visiting programs
- Prenatal Doula services

Early Head Start (0-3) & Head Start (3-5)



- The Office of Head Start (OHS) promotes the school readiness of young children from low-income families through local programs.
- Support the mental, social, and emotional development of children from birth to age 5.
- Head Start recognizes that parents are their children's primary teachers and advocates.
- Families are engaged in their children's learning and development and are poised to support the lifelong success of their child.
- Programs, parents, and schools work together to promote school readiness and engage families as their children make the transition to kindergarten, schools become ready for children.



Ounce Programs

- As a federal Head Start and Early Head Start grantee, the Ounce partners with 8 agencies to deliver our early childhood education programs
- The Ounce offers Early Head Start and Head Start services in partnership with the following community agencies:

- Casa Central
- Centers for New Horizons
- Chicago Child Care Society
- Children's Home + Aid
- Children's Place Association
- First Step Child Care
- One Hope United
- SGA Youth and Family Services

- Directly Operate:

- Educare Chicago
- Healthy Parents and Babies
 - Healthy Parents and Babies program, which provides doula and home visiting services for low income families.



Give your child the best start

Find a high-quality early learning program near you:

Play

Learn

Nurture

Prepare

the Ounce



Success begins early.

By playing and learning in a safe, nurturing environment, young children develop essential academic and social-emotional skills that will prepare them for kindergarten and beyond.



Our programs are enrolling pregnant women and children from **birth to 5 years** old in high-quality center-based and home visiting programs.

We Offer:

- Quality early education for young children
- Programming and support for children with special needs
- Caring and well trained staff
- Support and resources for parents and families
- Leadership and advocacy opportunities for parents
- Limited transportation assistance



IN
PARTNERSHIP
WITH



Head Start®

WWW.THEOUNCE.ORG/ENROLLHEADSTART

For more information about our programs, contact Grantee Support Services at 773.373.8670.

CHICAGO SOUTH SIDE

Bridgeport Child Development Center
One Hope United
2-5 years
3053 South Normal Avenue
312.842.5566 ●

Bridgeport Child Development Center II
One Hope United
2-5 years
514 West 31st Street
312.949.4015 ●

Centers for New Horizons Dawson Center
6 weeks-3 years
3901 South State Street
(in Dawson Technical Institute)
773.536.2187 ●

Chicago Child Care Society
6 weeks-5 years
5467 S University Avenue
773-643-0452 ●

Educare Chicago
Ounce of Prevention Fund
6 weeks-5 years
5044 South Wabash Avenue
773.924.2334 ●

Healthy Parents & Babies
Ounce of Prevention Fund
Prenatal-3 years
4859 South Wabash Avenue
773.373.8670 ●

Mitzi Freldheim Englewood Child and Family Center
Children's Home + Aid
6 weeks-5 years
1701 West 63rd Street
773.476.6998 ●

SGA Youth & Family Services

Birth-5 years
3152 West 47th Street
773.321.9232 ●

CHICAGO NORTH SIDE

Edgewater Early Learning Center
One Hope United
2-5 years
5244 North Lakewood Avenue
773.907.0278 ●

CHICAGO WEST SIDE

Casa Central Early Learning Academy
Birth-5 years
1335 North California Avenue
773.645.2404 ●

Casa Central Early Learning Academy
2-5 years
1343 North California Avenue
773.645.2300 ●

Children's Place Association
Birth-3 years
3059 West Augusta Blvd.
773.475.4239 ●

Family Center
Children's Place Association
6 weeks-5 years
1800 North Humboldt Blvd.
773.395.9193 ●

VIVA Home Visiting
Children's Home + Aid
Birth-5 years
100 North Western Avenue
312.455.5200 ●

SUBURBS OF CHICAGO

First Step Child Care Center
6 weeks-5 years
22025 Governors Highway
Richton Park, IL 60471
708.747.3000 ●

Waukegan Early Learning Center
One Hope United
6 weeks-3 years
1500 Sunset Avenue, Suite B
Waukegan, IL 60087
847.388.0247 ●

Waukegan Home Visiting Program
One Hope United
Birth-3 years
2115 Ernie Krueger Circle
Waukegan, IL 60087
847.245.6843 ●

Services Offered:

- Full-day center-based
- Home visiting

the Ounce

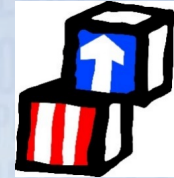
WWW.THEOUNCE.ORG/ENROLLHEADSTART

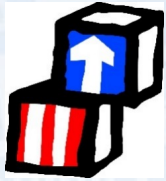
For more information about our programs, contact Grantee Support Services at 773.373.8670.

Updated May 2019

Head Start Comprehensive Services

- Education
- Screenings and follow-up for health, development, and behavior
- Health and safety
- Social and emotional health
- Nutrition
- Family goal-setting
- Social services
- Transition services
- Services for children with disabilities
- Head Start services are designed to be responsive to each child and family's ethnic, cultural, and linguistic heritage.





School Readiness Begins with Health!

Health Requirements Overview

Consider this information when engaging a family about health:

- Health History & Nutrition Assessment
- Screening results
- Child Assessment results (GOLD & COR)
- Family Assessment and Outcomes
- Illness, absences, and missed HB visits
- Information from FCR, Transition Plans, Parent Conferences
- Exams, IHPs/INPs
- Observations and Input from parents, other staff and consultants

Support with Medical & Dental Care

- Help the family to get the child up to date
- And help the family keep the child up to date
- Help with medication, chronic condition or treatment need
- Make appointments, remind about appointments and attend appointments with families
- Obtaining results/documentation with parent consent
- Programs can pay for services (when no other option is available)

Ongoing

FSS assist parents/guardians by:

- Help families understand the impact of health on learning and school readiness
- Providing health education on chronic conditions, treatment needs (such as dental) and ongoing well-child health care
- Empowering families to advocate for health services their child should be receiving
- Helping families obtain, keep, understand and use health insurance
- Developing and implementing IHP, INP, or other health plan
- Understanding, obtaining, and managing medications or equipment needed for chronic conditions

Home-Base Enrollment

Before enrollment, at a minimum, obtain health insurance status and immunization record. If either missing, develop next steps to obtain them. Best practice is to also obtain well-child exam. If no exam, make an appointment/plan with family.

Center-Base Enrollment

Before 1st day of attendance (to meet DCFS licensing requirements):

• Physical with Immunization record:

- 1 - A completed physical, signed and dated by a physician within 6 months prior to enrollment (unless transitioning from another childcare center)
- 2 - An immunization record (with at least one dose of each required immunization according to age)
- 3 - A TB determination (>12 months). As determined by physician, a skin test with result (if high risk) or risk assessment (if low risk).
- 4 - A lead determination (> 12 months). A lead test (if high risk) or lead risk assessment (if low risk)

• Action plans, food substitutions, medications (with consents), to meet any emergency need.

Additional Requirements During Enrollment

- Signed Consents (onsite health services, hearing & vision, etc.)
- A copy of medical insurance card
- Health History and Nutrition Assessment

NOTE: Ask your Health Manager for help if the family is experiencing homelessness and is having trouble with any health requirements.

Within 30 Days

Using the Health History form, determine if the family has:

- Medical Insurance
- If Medicaid, identify the Managed Care Organization
- Medical Home
- Dental Home

NOTE: If the family does **NOT** have one of these components, follow-up and support must be provided. The follow-up must continue until the family obtains appropriate insurance, medical and dental home.

Within 45 Days

Sensory, developmental and social-emotional screenings:

- Hearing
- Vision
- ASQ SE
- ASQ 3 or ESI-R

Within 90 Days

- Complete physical/well child exam according to EPSDT schedule
- Age appropriate immunizations
- Height, Weight, BMI
- Head Circumference (<24 months)
- TB Assessment (according to age and risk factors)
- Blood pressure (>36 months)
- Lead Screening (requirements dependent on location, age, risk factors and past results)
- Hemoglobin (HGB) or Hematocrit (HCT) results
- Dental Exam & Cleaning with Fluoride (>24 months)

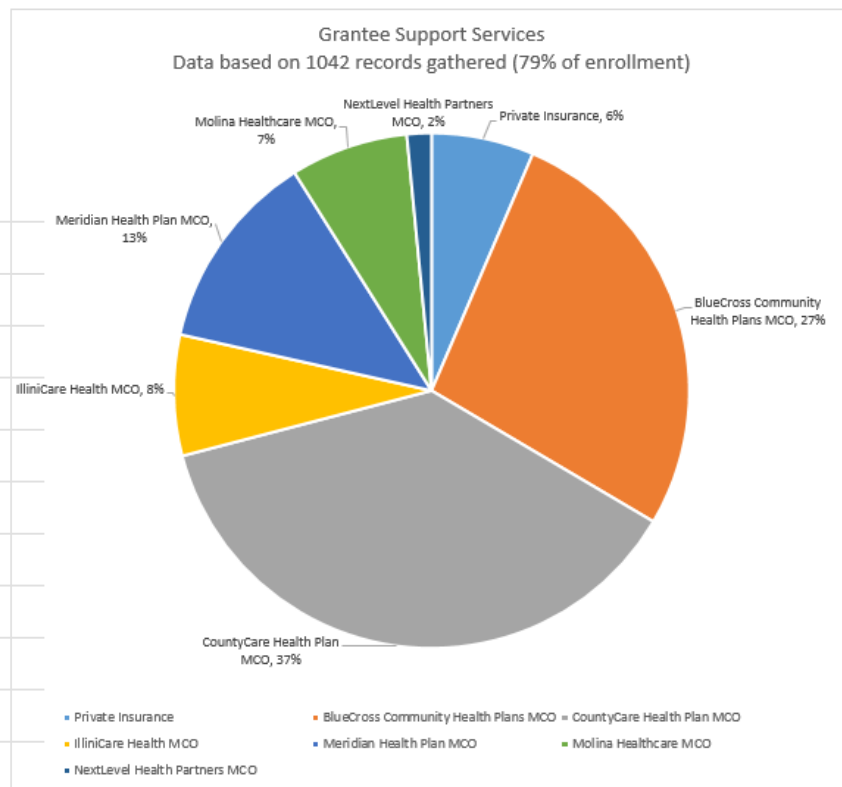
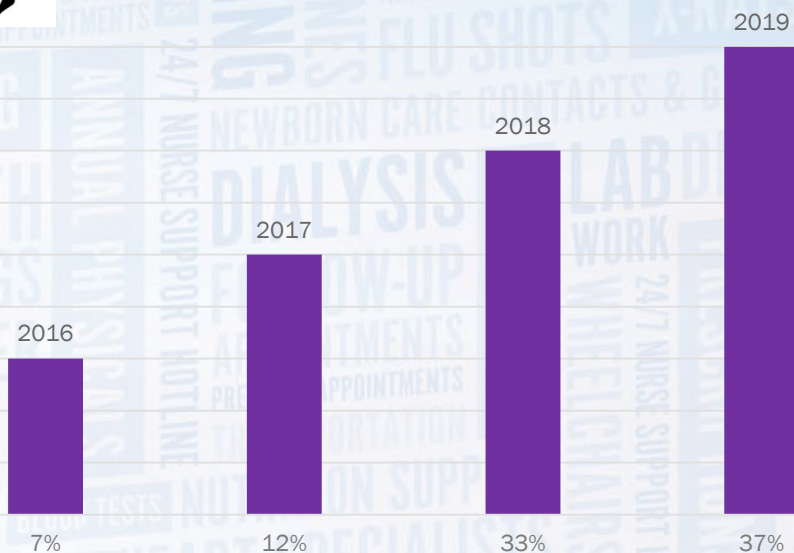
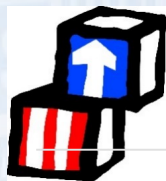
REMEMBER: Health checklists provide detailed list of EPSDT requirements. Refer to them for guidance on your program's specific requirements.

NOTE: If the child is not up-to-date within 90 days, a **PLAN** must be made with the family. Use the **90 Day Determination Form** to organize and plan next steps.

School Readiness Begins with Health: Bring children up to date, and keep them up to date!

Grantee Data

Child CountyCare Enrollment



Health Insurance	Percent	Count
Private Insurance	6%	67
BlueCross Community Health Plans MCO	27%	282
CountyCare Health Plan MCO	37%	390
IlliniCare Health MCO	8%	79
Meridian Health Plan MCO	13%	131
Molina Healthcare MCO	7%	77
NextLevel Health Partners MCO	2%	16
Data Gathered		1042
GSS Total Number of Slots	79%	1325

On Site Health Support at Programs

- Nurses
- Dietitians
- Case Managers (Family Support Specialists)
- Health Coordinators

Opportunities for Collaboration

- Awareness of families enrollments in Early/Head Start
- Referring eligible families to Early/Head Start
- Referring pregnant women to Early Head Start doula program
- Training opportunities, parent meetings, resource fairs
- Navigation of CountyCare services
- Coordinating care for families by:
 - Ensuring they're receiving services per federal guidelines
 - Identification and partnering with families to overcome barriers
 - Obtaining documentation of services
 - Receiving follow-up care for identified concerns
 - Working with providers
 - Meeting clients where they're at



Referrals – Finding Early Childhood Programs

- Ounce EHS/HS Center Based and Home Visiting Programs in Chicago, Richton Park and Waukegan: www.theounce.org/enrollheadstart
 - Contact Melissa Wilcox at mwilcox@theounce.org or 773.373.8670
- City of Chicago EHS/HS and Preschool Programs: www.chicagoeearlylearning.org (312) 229-1690
- Child Care Resource and Referral Agencies (CCR&R)
 - Cook County: Action for Children: <https://www.actforchildren.org/for-families/finding-child-care/> Contact referrals@actforchildren.org or by calling 312.823.1100 and pressing option 3.
 - Lake County: YWCA <https://www.ywcalakecounty.org/our-work/ccrr/> (847) 662-4247
 - Will County: Child Care Resource & Referral: <http://www.childcarehelp.com/> (815) 741-1179 In Joliet / (800) 552-5526 Outside Joliet
- Early/Head Start: Locate a Head Start Program: <https://eclkc.ohs.acf.hhs.gov/>
- Licensed and quality-rated early learning programs throughout the state (Head Start, preschool, child care centers, family child care): www.excelerateillinois.org



Contact Information

Melanie Santarelli, MPH

Senior Health & Nutrition Coordinator

Grantee Support Services – Ounce of Prevention Fund

Cell Phone: 630-235-4863 (Call or text)

Office Phone: 773-690-4211

Email: msantarelli@theounce.org





CountyCare Updates

Rewards Program



CountyCare
HEALTH PLAN
AN ILLINOIS MEDICAID HEALTH PLAN

*Earn \$25 every
year for seeing
your Primary
Care Provider*



CountyCare members 16 months or older can earn a \$25 reward once a year just for seeing their Primary Care Provider (PCP) for a check-up. After your appointment, you will receive a Rewards Card in the mail with money credited to the card. Once activated, you can use the card for home and health items at Walgreens, CVS (not in Target stores), Dollar General, Family Dollar and Walmart. If you already have a Rewards Card, the \$25 will be added to your current card.



CountyCare offers additional free benefits to support a healthy lifestyle. For more information about these and other rewards, call Member Services at 312-864-8200 (711 TTY/TDD).

Free LASIK Eye Surgery

CountyCare offers LASIK eye surgery for members at no cost. Members must have an eye exam and a refractive exam to determine if he or she is eligible for surgery.

Free Weight Watchers Vouchers

CountyCare members 13 and older get free vouchers for Weight Watchers meetings near your home. Call Member Services to request and we will mail them to you.


Free Diapers

CountyCare mails eligible members up to two years old a coupon for a free pack of jumbo diapers every month.

Dental and Vision

CountyCare members get regular teeth cleaning and eye care coverage. Call us or go to www.CountyCare.com to find a dentist or eye doctor.

Text "COUNTYCARE" to 37331 to get text updates and rewards information from CountyCare

 Like us on Facebook!

CountyCare complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. ATTENTION: If you speak ENGLISH, language assistance services, free of charge, are available to you. Call 312-864-8200 / 855-444-1661 (toll-free) / 711 (TTY). ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 312-864-8200 / 855-444-1661 / 711 (TTY). UNAGODA: Ideal mowies po polsku, mozesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 312-864-8200 / 855-444-1661 / 711 (TTY). 注意: 如果您说中文, 您可以免费获得语言协助服务。请致电 312-864-8200 / 855-444-1661 / 711。This document is also available in other languages. Please contact us at 312-864-8200 to request this document in another language.

A smiling man with glasses and a goatee, wearing a blue shirt, against a background of medical terms. The text "Thank You Spotlight" is overlaid in large blue letters. The CountyCare Health Plan logo is in the bottom right corner.



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Thank You!

Aimee Dinschel, LCSW; Manager of Complex Care Coordination.

Aimee exemplifies what Leadership should be. She has an open door policy and is very supportive to all team members. Aimee responds timely to the needs of our team, and she also provides us with opportunities for education and positive correction. Her leadership style is always directed positively and is patient centered. I truly appreciate her for that.

If you have a care coordinator you want to give a special Thank you,
Please email them to Lanisha.Thadison@cookcountyhhs.org



Questions?



CountyCare
HEALTH PLAN
AN ILLINOIS MEDICAID HEALTH PLAN

We need your Feedback!

- Please take a short moment to complete the evaluation poll.
- Interested in a particular topic? Would you like to see it presented during this webinar?
- Please email your ideas to Lanisha.Thadison@cookcountyhhs.org



A smiling woman with short dark hair and a yellow scarf is the central focus. The background is a light blue collage of various medical and healthcare-related terms in different shades of blue and white, such as "TOOTH FILLINGS", "EYE EXAMS", "SPECIALISTS", "NO CO-PAYS", "NUTRITION SUPPORT", "CONTACTS & GLASSES", "DOCTOR VISITS", "BLOOD TESTS", "LAB FOLLOW-UP APPOINTMENTS", "ANNUAL PHYSICIAN", "HEART SPECIALIST", "WHEELCHAIRS", "TRANSPORTATION", "NEWBORN CARE", "FLU SHOTS", "24/7 NURSE SUPPORT HOTLINE", "SUBSTANCE ABUSE THERAPY", "DIALYSIS", "FOLLOW-UP APPOINTMENTS", "GLASSES AND CONTACTS", "DIABETES CARE", "PRESIDENT", "CANCER CARE", "TEETH CLEANING", "REGULAR", "TS PRO", "LEARNING", "TOOTH FILLINGS", "CANCER CARE", "130 LOCATIONS", "24/7 NURSE SUPPORT", "FOLLOW-UP APPOINTMENTS", "TEETH CLEANING", "CANCER CARE", "TRANSPORTATION", "SUBSTANCE ABUSE THERAPY", "DIALYSIS", "FOLLOW-UP APPOINTMENTS", "GLASSES AND CONTACTS", "DIABETES CARE", "PRESIDENT", "CANCER CARE", "TEETH CLEANING", "REGULAR", "TS PRO", "LEARNING", "TOOTH FILLINGS", "CANCER CARE". Overlaid on the right side of the image is the text "Thank You!" in a large, bold, dark blue font. Below this text is the CountyCare Health Plan logo, which consists of a stylized blue "C" made of segments, followed by the text "CountyCare" in a serif font, "HEALTH PLAN" in a sans-serif font, and "AN ILLINOIS MEDICAID HEALTH PLAN" in a smaller sans-serif font.