



May's Care Management Webinar

Wednesday, May 15, 2024

CountyCare

A MEDICAID HEALTH PLAN



PCC Wellness

Annette Payot & Mary Sommers





Perinatal Services at PCC Community Wellness Center

MARY SOMMERS MPS, LPN, CPM, IBCLC

ANNETTE PAYOT MSN, CNM

PCC COMMUNITY WELLNESS CENTER

PCC Community Wellness Center

- ❖ FQHC with 13 clinics serving West Side and Near West Suburbs of Chicago
- ❖ Serving over 48,000 patients annually
- ❖ Grounded in Full-Scope Family Medicine along with:
 - Pediatrics
 - Behavioral Health
 - Addiction Medicine
 - Midwifery/Obstetrics
 - Oral Health Services



“Care Centered Around You”

The mission of PCC is to improve health outcomes for the medically underserved community through the provision of high quality, affordable, and accessible primary health care and support services. Anchored with family medicine, we are committed to serving the needs of all people in all stages of life.

Perinatal Services at PCC (PCH)



West Suburban Medical Center

- ❖ Alternative Birthing Rooms
- ❖ Traditional LDR

Provider Options

- ❖ Midwives
- ❖ Family Medicine Physicians
- ❖ OB-GYNs

Birth Center at PCC



PCC Midwifery Group



Perinatal Support

- ❖ Lactation Services
- ❖ Childbirth Education
- ❖ Doula Care



Doula Training

- Former Patients
- Peer Counselors
- Countycare Care Coordinators!!



Community Doula Training



Community Partners

- ❖ NDoula Community Alliance nonprofit
- ❖ Chicago Volunteer Doulas
- ❖ Catholic Charities
- ❖ Chicago Birth Works
- ❖ Birthways, Inc.
- ❖ New Moms
- ❖ Holistic Birth Collective
- ❖ Chicago Family Doulas
- ❖ Ma'at doulas
- ❖ Sokana Collective Doulas
- ❖ Start Early Doula programs
- ❖ Private Doula organizations

Contact

**PCC South Family Health
Center: 708-386-0845**

**Mary Sommers, Birth Center
Operations Director**

Msommers@pccwellness.org

**Annette Payot, Director of
Midwifery**

Apayot@pccwellness.org





Questions ?



Infants Safe Sleep Practices

Nancy Maruyama RN, BSN,
NCBF



sids

SUDDEN INFANT DEATH SERVICES

of illinois, inc.

MAKING SAFE SLEEP A PRIORITY

Nancy Maruyama RN, BSN, NCBF
SIDS of Illinois, Inc.



Why Safe Sleep for Baby?

“Unsafe sleep environments for infants can lead to suffocation, strangulation, or entrapment.” - Children’s Safety Network, 2022

- Illinois continues to have one of the **highest infant mortality numbers** in the US.
- In provisional 2020 data, Illinois is **31/50** for infant mortality in the US.
https://assets.americashealthrankings.org/app/uploads/hwc20_state_summaries.pdf. Accessed 9/30/22
- Goal is to meet the Healthy People **2030** of 5.0 infant deaths per 1000 live births in Illinois. In 2019, the average IMR (Infant Mortality Rate) for the state was 5.6 infant deaths/1000 live births. A few Illinois counties also had an IMR of 10.5 or more deaths/1000 live births.

[Reduce the rate of infant deaths — MICH-02 - Healthy People 2030 | health.gov](#) Accessed 5/17/21



Illinois Infant Mortality Rates 2010– 2020 Per 1000 Live Births

2010	6.8
2011	6.6
2012	6.5
2013	6.0
2014	6.6
2015	6.0
2016	6.4
2017	6.1
2018	6.6
2019	5.7
2020	5.5

https://www.cdc.gov/nchs/pressroom/sosmap/infant_mortality_rates/infant_mortality.htm Retrieved 5/4/23

<https://www.marchofdimes.org/peristats/data?reg=99&top=6&stop=91&lev=1&slev=4&obj=1&sreg=17>
Accessed 5/4/23

2019 Illinois Race Demographics

Hispanic Deaths	5.3
Non- Hispanic White	4.4
Non-Hispanic Black	11.4
Other	3.0

<https://dph.illinois.gov/data-statistics/vital-statistics/infant-mortality-statistics.html>
Retrieved 5/4/23



Review of Guidelines 2022

- **A**lone, on **B**ack, in a safe **C**rib, and **S**moke-free environment
- Inadequate published evidence to recommend for or against use of alternative sleep surfaces
- Sitting devices – car seats, strollers, swings, infant carriers or slings not recommended for routine sleep, especially <4months
- Feeding of Human Milk confers lower risk of SIDS, unless contraindicated
- Infant sleeps in room, but not bed, with parents for at least 6 months
- Insufficient evidence to recommend for or against the use of devices promoted to make bedsharing “safe”
- It is recommended that weighted blankets, weighted sleepers, weighted swaddles, or other weighted objects not be placed on or near the sleeping infant
- Insufficient evidence that finger sucking is protective against SIDS
- Avoid use of commercial devices that are inconsistent with safe sleep recommendations
- There is no evidence recommend swaddling as SIDS risk reduction
- Essential that physicians, nurses, nonphysician clinicians, hospital staff, and childcare providers endorse and model safe sleep guidelines

[Sleep-Related Infant Deaths: Updated 2022 Recommendations for Reducing Infant Deaths in the Sleep Environment | Pediatrics | American Academy of Pediatrics \(aap.org\)](#) Retrieved 5/4/23



Only these 3 items will provide Infant Safe Sleep – All NON-Inclined

- 1 **Crib** – not a dropside, slats are not more than 2 3/8 inches apart.
Manufactured after 6/28/2011



- 2 **Pack n Play or Portable Play yard** – meets all ASTM and CPSC requirements for safe sleeping product.
Manufactured after 2/28/2013



- 3 **Bassinet** – meets all safe sleep requirements set by ASTM and CPSC and tested by 3rd party CPSC approved laboratory.
Manufactured after 4/23/2014



What Should My Baby Wear To Sleep?



Magic Merlin Sleep Suit

Weighted Wearable Blanket



Swaddle

SleepSack Wearable Blanket



How can we help parents?

- Providing cribs is important, but it's not the only answer. During the death scene investigation, there is often a crib in the home but baby was sleeping with parent/s.



Cribs for Kids new Cribette.



Project Safe Sleep

Keeping Illinois' Babies Safe

- SIDS of Illinois, Inc. has a limited number of Cribettes to distribute throughout the state
- These are only for families truly in need
- Must be referred by FCM etc. – no self referrals
- Submit application in a HIPAA compliant manner
- Remember, application does not guarantee approval
- When referral is approved, a Health Educator from SIDS will contact parent by phone, and provide 20+ minutes of education on Safe Sleep, Tummy Time, Breastfeeding, Smoking Cessation, and other newborn topics
- Once education is complete, we will ship a Cribette with a fitted sheet, onesie t-shirt, and print materials (English/Spanish), via UPS with a signature required



October is Safe Sleep Awareness Month

Participate in the #ClearTheCrib Challenge

During Sudden Infant Death Syndrome (SIDS) Awareness Month, help encourage safe sleep for babies by taking the #ClearTheCrib Challenge and sharing your videos with the **#ClearTheCrib** hashtag.

The #ClearTheCrib Challenge is a fun activity that raises awareness about safe infant sleep. Try the Challenge with friends, during baby showers and parenting classes, or as a relay race or practice on your own. Promote the Challenge and invite your audiences to challenge themselves. Check

out our video showing how to do the #ClearTheCrib challenge [↗](#)—also available in Spanish [↗](#)!

Remember, the goal is to create a safe sleep environment. How quickly and accurately can you clear the crib?



sids

SUDDEN INFANT DEATH SERVICES

Of Illinois, Inc.



**To contact the SIDS of Illinois, Inc.
directly, please call toll free
1-800-432-SIDS**

**Sudden Infant Death
Services of Illinois, Inc**
6010 State Route 53 Suite A
Lisle, IL 60532

630-541-3901 office
630-541-8246 fax
www.sidsillinois.org



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SUDDEN INFANT DEATH SERVICES
of illinois, inc.





Questions ?

Celebrating Nurses Week- May 6-12, 2024

The theme this year is “**Nurses make the Difference**”.

For 2024, ANA has selected the theme "Nurses Make the Difference" to honor the varying roles of nurses and their positive impact on our lives. Nurses make a difference as trusted advocates who ensure individuals, families, and communities receive quality patient care and services.

The theme focuses on honoring those incredible nurses that embody the spirit of compassion in every health care setting.

The theme is accompanied by the campaign #NursesLightUpTheSky where, around the world, landmarks will be lit up to celebrate nurses and rally support for all that they do.

History of National Nurses Week

- Several individuals, organizations, and political leaders contributed to the efforts that have evolved into Nurses Week as it is celebrated today. The [American Nurses Association](#) (ANA) has compiled several facts about the history of Nurses Week:
- **1953:** The first effort to establish a recognition day for nurses was when Dorothy Parker of the US Department of Health, Education, and Welfare sent a proclamation to then-President Eisenhower. He never signed the proclamation.
- **1954:** A National Nurse Week was observed October 11-16 in recognition of the 100th anniversary of Florence Nightingale's work during the Crimean War.
- From the 1950s to 1970s, several bills were introduced to Congress, but none made it through the legislative process.
- **1974:** The International Council of Nurses declared May 12 International Nurses Day. In the US, President Nixon signed a proclamation recognizing National Nurse Week.
- **1982:** The ANA declared May 6 as National Nurses Day, which Ronald Reagan signed as an official proclamation.
- **1990:** The ANA extended the celebration to "Nurses Week," and the dates May 6-12 became permanent as of 1994.

Please join us in celebrating the nurses who continue to make a major impact in the lives of the people they serve!

For more information, please visit www.nursingworld.org.





County Care Kudos

Chakina Brunson

Community Based Nurse Care Coordinator- MTH Team- Tishawn Mitchell

Kudos to Chakina Brunson for her outstanding dedication and compassion as a care coordinator! Congratulations on receiving well-deserved recognition for your exceptional care coordination efforts! Your dedication, guidance, and genuine concern for our members are truly commendable. Thank you for making a positive impact and for embodying the spirit of our team. Keep up the fantastic work!

Announcements

- Next webinar is July 17th, 2024!
- Slides posted on CountyCare Care Coordination Webpage:
 - <http://www.countycare.com/carecoordination>
- Have feedback? Please share.
 - <https://redcap.link/23k1fzzb>



- Please email questions/concerns: raphael.daniels@cookcountyhealth.org

