



POLICY AND PROCEDURE MANUAL

Policy Number: PA.231.CC
Last Review Date: 11/17/2022
Effective Date: 12/01/2022

PA.231.CC- Medication Training

CountyCare considers **Medication Training** medically necessary for the member and primary caregiver for all of the following indications:

1. The member requires treatment for a mental health diagnosis (as specified in 59 ILAC 132.25) recognized by the current edition of the Diagnostic & Statistical Manual of Mental Disorders,
AND
2. The member and/or caregiver is able to actively participate in medication training and is willing to adhere to the psychiatric and medication treatment plans,
AND
3. The member shows potential for symptom improvement or symptom management as a result of medication training services,
AND
4. Medication training must be provided by a licensed Pharmacist, Respiratory Therapist, Registered Nurse, Nurse Practitioner, or Physician Assistant within their scope of practice,
AND
5. Psychotropic Medication Training must include all of the following topics:
 - a. Purpose of taking psychotropic medications
 - b. Psychotropic medications, side effects, adverse reactions
 - c. Self-administration of medications
 - d. Storage and safeguarding of medications
 - e. Communicating with professionals regarding medication issues
 - f. Communicating with family/ caregivers regarding medication issues

Limitations

1. Psychotropic medication must only be administered by personnel licensed to administer medication according to the Nurse Practice Act [225 ILCS 65] or the Medical Practice Act of 1987 [225 ILCS 60]
2. Psychotropic medication training must only be provided by staff designated in documentation by a physician or an advanced practice nurse according to the collaborative agreement.

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Background

Medication administration training provides guidance for the member in preparing and/or managing their administration of psychotropic medicines. Additionally, medication administration services may monitor the member's usage and appropriate dosage, observe the member for potential adverse reactions, and ensure the medication is being stored properly. Medication training services may be provided face-to-face or using video conferencing.

Medication Training includes (this is not an exhaustive list):

- Describing the assigned clinician trainer in their role in the delivery of medication;
- Stating the general purpose of medication administration;
- Listing necessary equipment and supplies;
- Demonstrating proper administration of oral, topical, eye, ear, and inhalant medications, including proper hand washing;
- Demonstrating appropriate and accurate documentation of medication administration;
- Demonstrating appropriate action if unusual circumstances occur, i.e., medication error, adverse reaction, etc.
- Demonstrating other medication related information.

Medications can be divided into two categories:

1. Prescription Medications: All medications that must be prescribed by a physician or advanced practice nurse and dispensed by a pharmacist. Prescription medications can be broken down into two sub-categories:
 - a. Controlled Medications: Medications which have been legally designated "controlled substances" by the United States Drug Enforcement Administration. Controlled substances hold a high potential for abuse and may engender moderate to severe psychological or physical dependence.
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 - b. Non-controlled Medications Prescription medications that do not appear on the list of controlled substances, e.g. antibiotics, insulin, asthma inhalers..
2. Over-the-Counter (OTC) Medications: Medications that can be purchased without a prescription. Common OTC medications include pain relievers such as aspirin and certain cold remedies.

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6 Rights of Medication Administration:

1. Right individual
2. Right medication
3. Right dosage
4. Right time
5. Right route
6. Right documentation

Codes

Code	Description
H0034	Medication training and support, per 15 minutes

References

1. Alzheimer's Association. Medication Safety. Accessed 2017.
<http://www.alz.org/care/dementia-medication-drug-safety.asp>
2. Elizabeth M. Boggs Center on Developmental Disabilities, Rutgers Robert Wood Johnson Medical School. Medication Training. Learner's Manual. Sixth Edition. 2014.
<http://rwjms.rutgers.edu/boggscenter/projects/documents/MedicationModuleLearnerManual-FINAL1012014.pdf>
3. State of Illinois. Community of Mental Health Services. Service Definition and Reimbursement Guide.
https://www2.illinois.gov/hfs/MedicalProviders/behavioral/sass/Documents/070507_cmhp_guide.pdf

Disclaimer

CountyCare medical payment and prior authorization policies do not constitute medical advice and are not intended to govern or otherwise influence the practice of medicine. The policies constitute only the reimbursement and coverage guidelines of CountyCare and its affiliated managed care entities. Coverage for services varies for individual members in accordance with the terms and conditions of applicable Certificates of Coverage, Summary Plan Descriptions, or contracts with governing regulatory agencies.

CountyCare reserves the right to review and update the medical payment and prior authorization guidelines in its sole discretion. Notice of such changes, if necessary, shall be provided in accordance with the terms and conditions of provider agreements and any applicable laws or regulations.

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