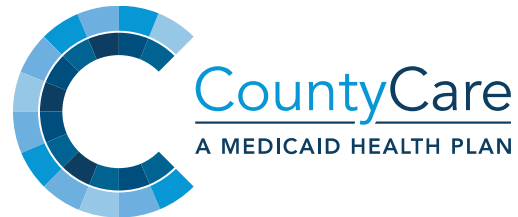
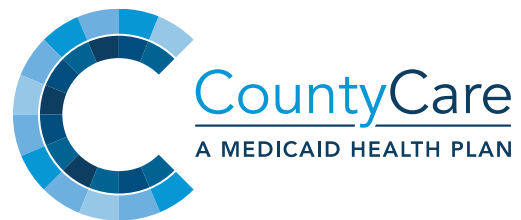


October's Care Management Webinar

10/21/2026



Chicago Integrated Health





Who We Are

We are a lifestyle intervention practice who provides quality holistic services to families.

- Mental Health Counseling
- Massage Therapy
- Personal Training
- Trauma Informed Yoga
- Nutrition Counseling





Why CIH?

Enrolling in mental health services gives you access to all other services at no cost.

You will experience:

Community

Support

Healing

Growth





CIH Community Hub



Parenting Classes

Learn practical ways to communicate with your children, manage challenges, and build stronger family relationships.



Cooking classes

Practice preparing meals and learn simple ways to make food choices that support your well-being.



Group Therapy

Connect with others in a therapist-led space while building skills to cope with life's challenges.



Master Classes

Learn from experienced instructors and leave with practical tools you can apply to your life.



Mental Health Counseling



At Chicago Integrated Health, our mental health services offer a welcoming space to work through life's challenges. Through individual and group therapy, clients build coping skills, strengthen relationships, and work toward emotional well-being. You gain access to all other services once enrolled.



PROJECT
Thrive





Mommy and Me Yoga

Book a yoga
experience with
your child



Mental health counseling: Helping children and young people understand their emotions, build coping skills, and work through challenges.

Personalized care: Providing services shaped around each child's needs, strengths, and goals.

Room to thrive: Creating a welcoming space where children can grow in confidence and connection.

Family support: Giving caregivers practical tools to strengthen communication and support their child's growth.

Support for children and families: Helping young people build emotional skills while giving families tools to support them.

PROJECT *Thrive*



Project Thrive for Littles helps young children build confidence, express their feelings, and connect with others through caring, age-appropriate support.

Project Thrive for Littles supports young children's emotional and social development through age-appropriate mental health counseling and family support.

Through mental health counseling and family support, Project Thrive for Littles helps children navigate big feelings and everyday challenges.

Family support: Giving caregivers practical tools to strengthen communication and support their child's growth.

Project Thrive for Littles partners with families to nurture each child's emotional well-being and early development.

PROJECT *Thrive* for Littles



Enroll Today



www.integratedhealthchicago.com

4747 Lincoln Mall Dr STE 600 Matteson, IL 60443

773.234.7775



Enrollment Process

- Enroll online by scanning the QR code.
- Welcome email will be sent.
- You will be paired with your care team.
- Your care team will personally reach out.
- Telemedicine options will be made available.
- You can also schedule on site visits.
- We accept both Medicaid and Private insurance





Join the Wellness Revolution

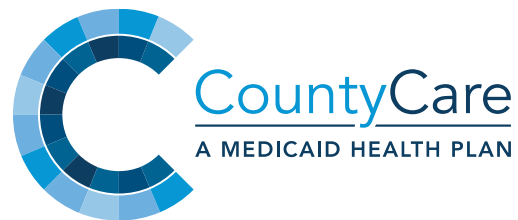


www.integratedhealthchicago.com

hello@integratedhealthchicago.com

773.234.7775

Conditions Management: Community Referral Exercise



Contract Language

Contractor will provide an Enrollee call line **for provider and community information, linkage to community resources** and disease specific and general preventive health education and reminders for members. Contractor shall offer assistance with appointment scheduling and **connecting Enrollees to Network Providers via a warm handoff.**

Condition Management services shall reflect each Enrollee's medical and health concerns, specific medical information, **and information on how to access available community resources.**

Through Condition Management services, Contractor will provide information and specific preventive care reminders, **resources, and referrals** as requested by Enrollees and other stakeholders.

Contractor will reach out to Enrollees **and Network Providers** during the initial assessment period as well as on an ongoing basis, via phone, in person and through written notification, **as well as through the use of community-based supports,** to physically make contact when Enrollees cannot be reached or when Condition Management via phone is not successful.

Mandatory HFS Condition List (*Section 1.2.25.N*)

- Hypertension
- Diabetes
- Chronic Kidney Disease
- Depression
- Substance Use Disorder
- Pregnancy, Postpartum & Interconception Care
- Asthma
- Autism / Pervasive Developmental Disorder
- ADHD / ODD / Conduct Disorder

Padlet Exercise: What are organizations you often refer members to that relate to these conditions?

<https://padlet.com/csanmig2/where-do-you-like-to-refer-members-with-these-conditions-5pffcut6nsnka18o>

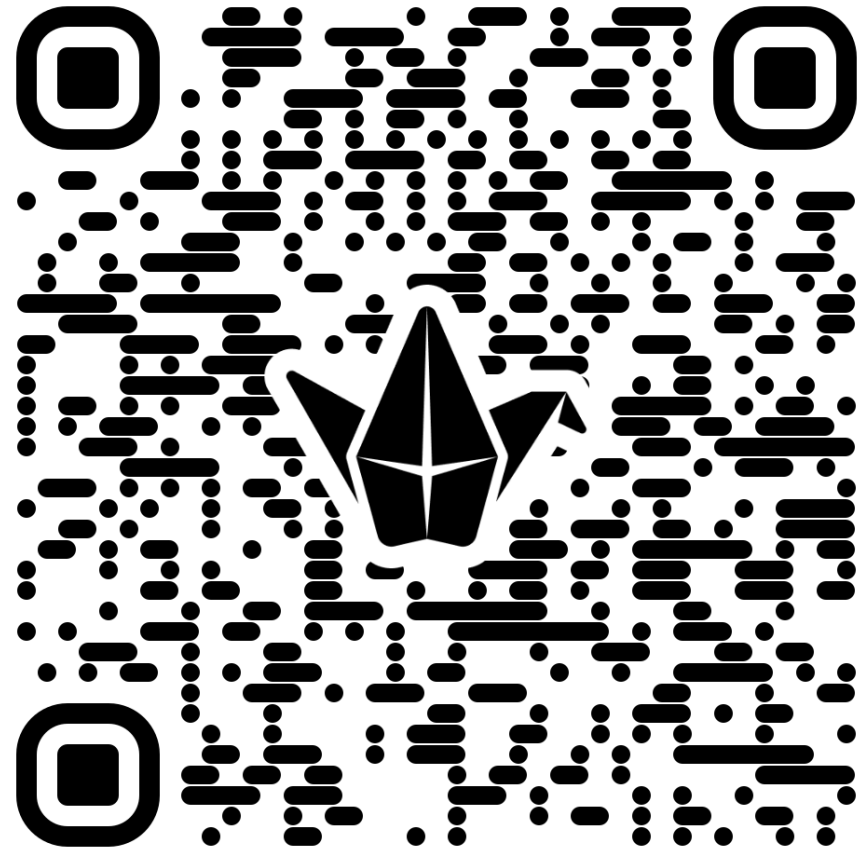
What kind of organizations?

Any community programs that focus on that condition or support services that you have found to be useful to members with that condition.

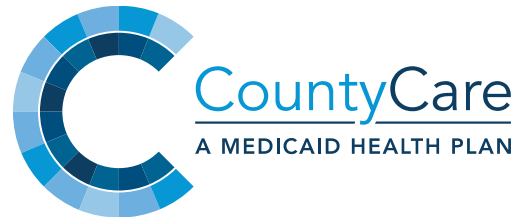
What do I write?

Organization name and Program name
Your name

(Optional) If you have a link to the organization's web page.



CM Program Manual- Version 23 updates



	September 30, 2026 2026 Release postponed to September 2026	Edits: Housing Programs, Collaboration- Care Coordinator Responsibilities Removed statement re: partnership with Advancing Health Equity (program ended in 2026) Pg. 26 Justice Involve (I) Overview and Transition Plan: Revised position title: Population Health Coordinator. Added: Medicaid application completed by Financial Counselors within Cook County Jail Added: Completion of SDOH (Social Determinants of Health) Screener to identify needs and assist in transition planning into the community. Revised Section: Management of Warm Transfer for JI Members Revised Section: Care Management Requirements: Pg. 38-40 Standards for (M)LTSS HCBS Waiver or LTC Members <i>Members in LTC: Care Management contact every 90 days for high-risk members and verbiage to include exact days for outreach instead of months.</i> Pg. 42
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	September 30, 2026 2026 Release postponed to September 2026	Edits cont: Outreach and Engagement – All Members Added verbiage re: Opt-Out of Care Management vs opting out of a care management activity. Pg .87 Predictive Modeling Scores and Risk Stratification: Removed verbiage re: Vision, an online population health tool and CountyCare Vision Software pg. 98 Rewards Program (CountyCare Rewards) Removed individualized plan of care and added care management satisfaction surveys. Removed: over the county OTC card and added CountyCare Visa rewards card. Added new website location: https://countycare.com/rewards/ Pg. 107
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Questions ?



Announcements



Next webinar is November 18th, 2026



Slides posted on CountyCare Care Coordination Webpage:

<http://www.countycare.com/carecoordination>



Have feedback? Ideas for future topics? Please share!

<https://redcap.link/23k1fzzb>

- Please email questions/concerns:
raphael.daniels@cookcountyhealth.org