



## POLICY AND PROCEDURE MANUAL

Policy Number: PA.233.CC  
Last Review Date: 11/17/2022  
Effective Date: 12/01/2022

### PA.233.CC- Psychosocial Rehabilitation

CountyCare considers **Psychosocial Rehabilitation** medically necessary for the following indications:

- Member is 18 years or older
- Member requires treatment for a mental or behavioral health disorder (as specified in 59 ILAC 132.25) recognized by the current edition of the Diagnostic & Statistical Manual of Mental Disorders
- Member has acute and serious deterioration in ability to fulfill age-appropriate responsibility and management of activities of daily living
- Member is able to participate in therapeutic interventions and shows potential for symptom improvement or symptom management
- Member must have a documentation of a treatment plan leading to the reduction or control of symptoms
- Member does not require ongoing, significant active, or invasive medical treatment for management
- Member does not require a more intensive level of care

The goal is to reduce risk of readmission and to assist in maintaining current living situation.

#### Limitations

- This is a face-to-face intervention and the services may be provided in a group or an individual setting
- Member to staff ratio for groups shall be no more than 15:1
- May not be provided in conjunction with ACT (except during transition to or from ACT) or hospital-based psychiatric clinic services type A.
- Services shall be available at least 25 hours/week and on at least four days/week.
- Members must not require skilled nursing care, or have a moderate, severe, or profound developmental disability

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### Background

Psychosocial rehabilitation is defined as facility-based rehabilitative skill-building services for individuals 18 years of age and older with serious mental illness or co-occurring psychiatric disabilities and addictions. The focus of treatment interventions includes skill building to facilitate independent living and adaptation, problem solving and coping skills development.

Examples include:

- Individual or group skill building activities that focus on the development of skills to be used by clients in their living, learning, social and working environments.
- Cognitive behavioral intervention.
- Interventions to address co-occurring psychiatric disabilities and substance use.
- Promotion of self-directed engagement in leisure, recreational and community social activities.
- Engaging the client to have input into the service delivery of psychosocial rehabilitation programming.
- Client participation in setting individualized goals and assisting their own skills and resources related to goal attainment.

### Codes

Code	Description
H2017	Psychosocial rehabilitation services, per 15 minutes

*Note: This code is not covered by Medicare*

### References

1. Earnheart K, et al. Partial hospitalization programs and intensive outpatient programs. 2015 AABH Standards and Guidelines [Internet] Association for Ambulatory Behavioral Healthcare. 2015 Accessed at: <http://www.aabh.org/#!/aabh-standards--guidelines/c23ge>
2. MCG 21st Edition. Behavioral Health Care > Therapeutic Services and Testing Procedures > Psychosocial Rehabilitation (B-812-T)
3. Optum 360. HCPCS Code Detail – H2017.
4. Psychosis and schizophrenia in adults: treatment and management. NICE clinical guidance CG178 [Internet] National Institute for Health and Care Excellence. 2014 Feb Accessed at: <http://www.nice.org.uk/guidance>

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5. Stafford MR, et al. Efficacy and safety of pharmacological and psychological interventions for the treatment of psychosis and schizophrenia in children, adolescents and young adults: a systematic review and meta-analysis. PLoS ONE 2015;10(2):e0117166. DOI: 10.1371/journal.pone.0117166.  
<https://pubmed.ncbi.nlm.nih.gov/25671707/>
6. State of Illinois. Community of Mental Health services. Service Definition and Reimbursement Guide.  
[https://www2.illinois.gov/hfs/MedicalProviders/behavioral/sass/Documents/070507\\_cmhp\\_guide.pdf](https://www2.illinois.gov/hfs/MedicalProviders/behavioral/sass/Documents/070507_cmhp_guide.pdf)

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