



POLICY AND PROCEDURE MANUAL

Policy Number: PA.233.CC
Last Review Date: 11/21/2024
Effective Date: 12/01/2024

PA.233.CC Psychosocial Rehabilitation

CountyCare considers **Psychosocial Rehabilitation** medically necessary for the following indications:

- Member is 18 years or older
- Member requires treatment for a mental or behavioral health disorder (as specified in 59 ILAC 132.25) recognized by the current edition of the Diagnostic & Statistical Manual of Mental Disorders
- Member has acute and serious deterioration in ability to fulfill age-appropriate responsibility and management of activities of daily living
- Member is able to participate in therapeutic interventions and shows potential for symptom improvement or symptom management
- Member must have a documentation of a treatment plan leading to the reduction or control of symptoms
- Member does not require ongoing, significant active, or invasive medical treatment for management
- Member does not require a more intensive level of care

The goal is to reduce risk of readmission and to assist in maintaining current living situation.

Limitations

- This is a face-to-face intervention and the services may be provided in a group or an individual setting
- Member to staff ratio for groups shall be no more than 15:1
- May not be provided in conjunction with ACT (except during transition to or from ACT) or hospital-based psychiatric clinic services type A.
- Services shall be available at least 25 hours/week and on at least four days/week.
- Members must not require skilled nursing care, or have a moderate, severe, or profound developmental disability



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Background

Psychosocial rehabilitation is defined as facility-based rehabilitative skill-building services for individuals 18 years of age and older with serious mental illness or co-occurring psychiatric disabilities and addictions. The focus of treatment interventions includes skill building to facilitate independent living and adaptation, problem solving and coping skills development.

Examples include:

- Individual or group skill building activities that focus on the development of skills to be used by clients in their living, learning, social and working environments.
- Cognitive behavioral intervention.
- Interventions to address co-occurring psychiatric disabilities and substance use.
- Promotion of self-directed engagement in leisure, recreational and community social activities.
- Engaging the client to have input into the service delivery of psychosocial rehabilitation programming.
- Client participation in setting individualized goals and assisting their own skills and resources related to goal attainment.

Codes

Code	Description
H2017	Psychosocial rehabilitation services, per 15 minutes

References

1. Earnheart K, et al. Partial hospitalization programs and intensive outpatient programs. 2015 AABH Standards and Guidelines [Internet] Association for Ambulatory Behavioral Healthcare. 2015.
<http://www.aabh.org/#!aabh-standards--guidelines/c23ge>
2. MCG 27th Edition. Behavioral Health Care > Therapeutic Services and Testing Procedures > Psychosocial Rehabilitation (B-812-T)
3. Optum 360. HCPCS Code Detail – H2017.
4. Psychosis and schizophrenia in adults: treatment and management. NICE clinical guidance CG178 [Internet] National Institute for Health and Care Excellence. 2014 Feb.
<http://www.nice.org.uk/guidance>
5. Stafford MR, et al. Efficacy and safety of pharmacological and psychological interventions for the treatment of psychosis and schizophrenia in children, adolescents and young adults: a systematic review and meta-analysis. PLoS ONE 2015;10(2):e0117166. DOI: 10.1371/journal.pone.0117166.
<https://pubmed.ncbi.nlm.nih.gov/25671707/>

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6. State of Illinois. Community of Mental Health services. Service Definition and Reimbursement Guide.

https://www2.illinois.gov/hfs/MedicalProviders/behavioral/sass/Document/s/070507_cmhp_guide.pdf

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