

April 2020 UM Updates

# IMPORTANT UTILIZATION MANAGEMENT UPDATES

# **Prior Authorization for Urine Drug Testing (UDT) Services**

CountyCare Health Plan is committed to providing an efficient and consistent Utilization Management (UM) experience for our providers. The updates outlined below are the result of comprehensive market and utilization standards review.

Urine drug testing (UDT) is used for providers to detect and monitor drug levels. Prior authorization will be required for high-level, definitive testing. UDT may be required in a physician supervised treatment setting where there is a significant concern of abuse or misuse of a substance. Documentation submitted should include how the results will impact the individual's treatment plan.

These changes will be fully implemented and effective for dates of service 6/1/2020 and after. Full details on this new medical policy will be posted within the next 10 days on the <u>Provider Resources Page</u>. You may also always visit our website for a complete list of <u>prior authorization requirements</u>.

#### Effective for dates of service 06/01/2020 -> the following services will require authorization:

Code	Description
G0482	Drug test(s), definitive, utilizing (1) drug identification methods able to identify individual drugs and distinguish between structural isomers (but not necessarily stereoisomers), including, but not limited to gc/ms (any type, single or tandem) and lc/ms (any type, single or tandem and excluding immunoassays (e.g., ia, eia, elisa, emit, fpia) and enzymatic methods (e.g., alcohol dehydrogenase)), (2) stable isotope or other universally recognized internal standards in all samples (e.g., to control for matrix effects, interferences and variations in signal strength), and (3) method or drug-specific calibration and matrixmatched quality control material (e.g., to control for instrument variations and mass spectral drift); qualitative or quantitative, all sources, includes specimen validity testing, per day; 15-21 drug class(es), including metabolite(s) if performed  Short Description: Drug test def 15-21 classes
G0483	Drug test(s), definitive, utilizing (1) drug identification methods able to identify individual drugs and distinguish between structural isomers (but not necessarily stereoisomers), including, but not limited to gc/ms (any type, single or tandem) and lc/ms (any type, single or tandem and excluding immunoassays (e.g., ia, eia, elisa, emit, fpia) and enzymatic methods (e.g., alcohol dehydrogenase)), (2) stable isotope or other universally recognized internal standards in all samples (e.g., to control for matrix effects, interferences and variations in signal strength), and (3) method or drug-specific calibration and matrixmatched quality control material (e.g., to control for instrument variations and mass spectral drift); qualitative or quantitative, all sources, includes specimen validity testing, per day; 22 or more drug class(es), including metabolite(s) if performed  Short Description: <i>Drug test def 22+ classes</i>





## The following UDT codes are not included in this Prior Authorization update (no PA required):

Code	Description
G0480	Drug test(s), definitive, utilizing (1) drug identification methods able to identify individual drugs and distinguish between structural isomers (but not necessarily stereoisomers), including, but not limited to, GC/MS (any type, single or tandem) and LC/MS (any type, single or tandem and excluding immunoassays (e.g., IA, EIA, ELISA, EMIT, FPIA) and enzymatic methods (e.g., alcohol dehydrogenase), (2) stable isotope or other universally recognized internal standards in all samples (e.g., to control for matrix effects, interferences and variations in signal strength), and (3) method or drug-specific calibration and matrix-matched quality control material (e.g., to control for instrument variations and mass spectral drift); qualitative or quantitative, all sources(s), includes specimen validity testing, per day, 1-7 drug class(es), including metabolite(s) if performed
G0481	Drug test(s), definitive, utilizing (1) drug identification methods able to identify individual drugs and distinguish between structural isomers (but not necessarily stereoisomers), including, but not limited to, GC/MS (any type, single or tandem) and LC/MS (any type, single or tandem and excluding immunoassays (e.g., IA, EIA, ELISA, EMIT, FPIA) and enzymatic methods (e.g., alcohol dehydrogenase), (2) stable isotope or other universally recognized internal standards in all samples (e.g., to control for matrix effects, interferences and variations in signal strength), and (3) method or drug-specific calibration and matrix-matched quality control material (e.g., to control for instrument variations and mass spectral drift); definitive, qualitative or quantitative, all sources(s), includes specimen validity testing, per day, 8-14 drug class(es), including metabolite(s) if performed

### **Contact Us**

If you have any questions or would like additional information, please contact CountyCare Provider Services at <a href="mailto:ProviderServices@countycare.com">ProviderServices@countycare.com</a> or your Provider Relations Representative.

